

## Grade 9-13: Dinner for 2 under \$15

JAME:	Age:	County:	Club:	
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Excellent	Very Good	Good	Needs Improvement	
4	3	2	1	Comments/Suggestions
Attractive and appealing in appearance. Table setting is appropriate for the meal. Presentation of the meal is neat and creative.	Missing one criterion under Excellent	Missing two criteria under Excellent	Presentation is not creative.	
Includes a protein, starch/grain and a vegetable/fruit.	Missing one criterion under Excellent	Missing two criteria under Excellent	Presentation is not creative.	
Dishes have a variety of textures, color and shapes.	Missing one criterion under Excellent	Missing two criteria under Excellent	Missing three criteria under Excellent	
List which shows cost of main ingredients and sources of prices. Cost of main ingredients is less than \$15.	Missing one criterion under Excellent	Missing two criteria under Excellent	Missing three criteria under Excellent	
Meal is well cooked. All dishes are prepared correctly and are served at the proper temperature.	One dish is not correctly prepared	Two dishes are not correctly prepared.	All three dishes are incorrectly prepared.	
Recipes are neat and have complete list of ingredients and clear and concise direction. Includes approximate preparation time.	Missing one criterion under Excellent	Missing two criteria under Excellent	Missing three criteria under Excellent	
Member is dressed appropriately as if they were attending the dinner. No signs of food prep on clothing.	Member is dressed in clothing that is appropriate for food prep, but not for attending the dinner.	Member is dressed too casual for preparing or attending the dinner.	Member is dressed inappropriately.	
Member can explain the preparation process clearly and has an in-depth knowledge of the process	Member can explain the preparation process clearly and has some knowledge of the process	Member can explain the preparation process with some difficulty and has an in-depth knowledge of the process	Member can explain the preparation process with some difficulty and has poor knowledge of the process	
Member can explain how the meal fits into My Plate verbally. Member has suggestions on how to alter the meal to be more nutritious if appropriate.	Member can explain how the meal fits into My Plate verbally. Member cannot suggest how to alter the recipes to be more nutritious if appropriate	Member cannot explain how the meal fits into My Plate. Member has suggestions on how to alter the recipes to be more nutritious if appropriate	Member cannot explain how the meal fits into My Plate. Member cannot suggest how to alter the recipes to be more nutritious appropriate	
The member can explain clearly why they chose recipes. The member is engaging with the judge	The member has a weak reason for choosing the recipes.	The member has no reason for choosing the items for the recipes but is engaging with the judge.	The member has no reason for choosing the items for the recipes and does not engage the judge	
				Total:/40