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4-H PUBLIC SPEAKING

List any 4-H presentations you have given noting the level and type. Titles of presentations are not necessary. *Note level of involvement... Cl = Club, C = County, S = State, N = National

*Level	Year	# of times given	Type of presentation (General 4-H, Emcee, Club Talks, etc.)

4-H PROMOTION

List all ways that you promoted 4-H to the general public, such as presentations to **outside** groups, exhibits, newspaper articles, radio and television, etc. **You may include any Dairy Princess/Ambassador experience here.**

Type of Promotion	Describe your involvement

4-H RECOGNITION

List any significant awards and honors you have received, county medals, special project awards, county and state awards, etc. *Note level of involvement...Cl = Club, C = County, S = State, N = National

Award	Year Received	*Level	Description



COUNTY 4-H PARTICIPATION

List major county events and activities, number of years you participated and any comments about the event or your participation. Include events and activities such as 4-H Camp, Fashion Revue, Specific Fair Events, Workshops, Herdsmen, etc.

Event/Activity	Year	Comments

STATE AND NATIONAL 4-H PARTICIPATION

List State and National events and activities, number of years you participated and any comments about the event or your participation. Include events and activities such as South and North Jersey Teen Conference, State Teen Events, State "Project" Shows and Activities, Citizenship Washington Focus, National 4-H Conference, National 4-H Congress, etc.

Event/Activity	Year	Comments

OTHER 4-H EXPERIENCES

List any other 4-H experiences you feel are significant.

Event/Activity	Year	Comments



4-H STORY

Highlight 4-H/leadership experiences and 4-H accomplishments that are most important to you. Explain how your 4-H involvement has made a difference in your life, the lives of others, and your community. Tell of the goals you have had in 4-H and how you have achieved them. (Limit your story to the 2 pages provided.)



4-H STORY (continued)