

4-H Alumni & Friends Survey



The New Jersey 4-H Program is focusing on how to connect with former 4-H members, volunteers and staff. We invite you to complete this survey, so we may learn about how your 4-H involvement was beneficial and share ideas with you in the future.

Please rate the following:

5=strongly agree 1=strongly disagree

My experience with 4-H has shaped my life in a positive way.	5	4	3	2	1
I learned leadership skills during my 4-H involvement.	5	4	3	2	1
I met new friends.	5	4	3	2	1
I learned the importance of community service during my 4-H involvement.	5	4	3	2	1
I learned public speaking skills during my 4-H involvement.	5	4	3	2	1
While in 4-H, I developed knowledge and skills that I use today.	5	4	3	2	1
4-H provided a positive youth development experience.	5	4	3	2	1

What kind of 4-H programs did you participate in? *(check all that apply)*

- | | |
|----------|---|
| 4-H Club | Regional or State 4-H Events (SJTC, NJTC, 4-H Actions Days or 4-H Expo) |
| 4-H Fair | National 4-H Events (4-H CWF, 4-H Congress, National 4-H Conference) |
| 4-H Camp | |

What opportunities and experiences did 4-H provide for you? *(check all that apply)*

- opportunity to see yourself as an active participant in society (independence)
- opportunities for self-determination (independence)
- opportunity for mastery of 4-H project skills (mastery)
- engagement in learning (mastery)
- a safe environment (belonging)
- positive relationships with caring adults (belonging)
- opportunity to value and practice service for others (generosity)

What skills did you learn in 4-H that you learn today? *(Check all that apply)*

- | | | |
|---------------------------|--------------------------------|-------------------|
| Public Speaking | Keeping Records | Decision Making |
| Leadership | Community Service/Volunteering | Teamwork |
| Self-motivation | Character | Self-esteem |
| Healthy Lifestyle Choices | Stress Management | Critical Thinking |
| Problem Solving | Goal Setting | Communication |
| Sharing | Accepting Differences | Cooperation |
| Concern for Others | | |

Would you like learn more about any of the 4-H volunteer opportunities? *(check all that apply)*

- | | | |
|-----------------------|-------------------------------|----------------------------|
| Be a 4-H club leader | Judge a 4-H contest | Help at the fair |
| Help with a 4-H event | Serve on a 4-H advisory board | Sponsor a program or award |

What is your 4-H affiliation (former member, staff, parent, volunteer, etc.)? _____ State/County: _____

Why did you become involved in 4-H? _____

What were your years of involvement? _____

We would like to know more about your 4-H experience. Please share any memories or comments:

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Visit the New Jersey 4-H Website and Facebook Page

www.nj4h.rutgers.edu

www.facebook.com/NewJersey4-H

Join our mailing list!

Please provide your most current contact information below:

Name (include Maiden name): _____

Address: _____

City, State, Zip: _____

Phone(s): _____

Email: _____

Employer (Optional): _____

Thank you for your feedback!

Please mail or fax your completed survey to:

Department of 4-H Youth Development
88 Lipman Drive
New Brunswick, NJ 08901

Fax 732-932-7541

For more information or to fill out this form over email or on the web, please contact:

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