NJ 4-H Publications List

This list contains the descriptions of all publications approved for use in the New Jersey 4-H Youth Development Program. Publications are available from the county 4-H office or can be ordered from the RCE Publications Center. Many publications can be downloaded free-of-charge from the NJ 4-H web site at www.nj4h.rutgers.edu/pubs. Ordering sources are indicated for each publication. For items produced by other states, contact information is contained on the back page.

Prepared by Keith G. Diem, Ph.D.
Program Leader in Educational Design

Maintained through the guidance of the 4-H Department Curriculum Review Board

Visit NJ 4-H online at www.nj4h.rutgers.edu
(Many 4-H publications can be downloaded as PDF files.)

4-H General

4H239 My 4-H Record Book: A General-Purpose Record Book
For use by New Jersey 4-H members with any 4-H project that doesn’t have its own record book.

FS872 New Jersey 4-H Independent Project
Includes objectives, definition of independent study in a specific subject matter area with limited adult direction, examples of what might be considered an independent project, guidelines, resources and references. Also includes a sample application.

4H232 New Jersey 4-H Independent Project Application
Instructions for application to begin an independent project, member and non-member information, project description, and leader signature.

4-H Organizational and Volunteer Support

4H258 4-H Advisory Committee & Volunteer Roles in 4-H Curriculum Development
An overview of the roles of individuals and groups involved in 4-H curriculum development.

4H110 Approval of Curriculum Developed for 4-H/Youth
Submit this form to the 4-H Curriculum Review Board once a “Proposal to Develop Curriculum for 4-H Youth” (4H109) has already been approved by the Curriculum Review Board and authorized by the department chair and curriculum is in final format.

4H259 NJ 4H Club Treasurer’s Record Book
The NJ 4-H Club Treasurers Record Book is to be used by the club treasurers (in cooperation with club leaders) as a tool for recording club finances.
New Jersey 4-H Publications List

4H109  Proposal to Develop Curriculum for 4-H/Youth
This form enables a committee or individual to develop a new publication, or modify an existing one, for use with RCE 4-H/Youth audiences. Submit this form to the 4-H Curriculum Review Board, after completing steps 1-16 and before proceeding with development for statewide use. Be sure to review this entire form to understand the requirements and expectations for acceptance of this proposal. Refer to the RCE Curriculum Development Guide (E211) and 4-H web site for more information. For fact sheets, use the RCE Fact Sheet Review Form instead.

4H108  Request to Purchase Curriculum from Outside Sources for 4-H/Youth
This form enables a committee to make an existing publication from outside of RCE available for statewide use with RCE 4-H/Youth audiences. Submit this form to the 4-H Curriculum Review Board after steps 1-19 have been completed. Be sure to review this entire form to understand the requirements for acceptance of this request. Refer to the RCE Curriculum Development Guide (E211) and 4-H web site for more information.

Curriculum development

E211  RCE Curriculum Development Guide for 4-H/Youth Audiences
A reference guide for program and curriculum development for 4-H/youth audiences. Contains important and necessary proposal and approval forms for curriculum development and purchase.

Expansion & Review Committees

4H07  4-H Leader I.D. Card (available only from County Extension offices)
Card recognizing leader in New Jersey.

ERC-VI  Conducting the Nominal Group Process with a County 4-H Expansion and Review Committee
Provides an overview of and outline to implement the Nominal Group Process (NGP), an effective technique for program planning which can be used with the County 4-H Expansion and Review Committee in the program development process.

ERC-VII  County 4-H Expansion and Review Committee Generic Job Description
Describes the purpose and responsibilities of the County 4-H Expansion and Review Committee (ERC), which is made up of adult and teen volunteers.

ERC-IV  Developing Programs Through a County 4-H Expansion and Review Committee
A fact sheet outlining the step-by-step analysis of the process of program development.

ERC-V  Expanding Opportunities of a County 4-H Expansion and Review Committee
Discusses other functions, aside from the primary mission of program development, that a County 4-H Expansion and Review Committee can perform.

ERC-III  Organizing and Conducting Meetings of a County 4-H Expansion and Review Committee
Suggestions for organizing and conducting meetings of a County Expansion and Review Committee, and establishing a constitution.

ERC-II  Selecting Members of a County 4-H Expansion and Review Committee
Guidelines for selecting members of a County 4-H Expansion and Review Committee, including information on membership, recruitment, orientation, terms of service, and responsibilities of the officers.
General

4H04  4-H Club Meeting Report
Self-mailer used by 4-H Club secretaries/reporters to inform 4-H office what club is doing.

Source: RCE

FS865  New Jersey 4-H Program Overview
Three-fold brochure for professional staff to use with business and professional audiences with whom we intend to collaborate. A professional companion to “Answers to Questions You Wanted to Know About 4-H” fact sheet, which is aimed at more popular audiences.

Source: RCE

NJ 4-H Honor Club

4H206  Does your club and its members have what it takes to be a NJ 4-H Honor Club?
List of requirements clubs must meet in order to qualify as honor clubs. Includes suggestions for check lists and the Honor Club application form and dates for submittal.

Source: RCE

4H105  NJ 4-H Honor Club Certificate
Certificate given to a 4-H club that qualifies as a NJ 4-H Honor Club. Requirements can be found in the publication “Does Your Club and its members have what it takes to be a NJ 4-H Honor Club?”

Source: RCE

Permission forms

4H104  4-H Event Permission Form
Required form for all youth participating in overnight activities, events requiring group transportation, and any other events sponsored through the 4-H Youth Development Program where it is deemed necessary by the adults responsible for the activity and the chaperoning of the youth participants. For Spanish version, see 4H240.

Source: RCE

4H240  Formulario de Permiso para un Evento de 4-H
Spanish version of 4H104. Required form for all youth participating in overnight activities, events requiring group transportation, and any other events sponsored through the 4-H Youth Development Program where it is deemed necessary by the adults responsible for the activity and the chaperoning of the youth participants.

Source: RCE

4H103  NJ 4-H Adult Overnight Agreement/Release Form
Form for adults participating in overnight activities where youth are present. Includes questions about the participant and activity, and 4-H volunteer standards of behavior, release of liability and medical emergency authorization and health information.

Source: RCE

Recognition certificates & ID cards

4H06  4-H Active Member Club Card (available only from County Extension offices)
Membership card for youth, grades 4-13, enrolled in standard 4-H clubs. (There is a separate membership card for Prep, grades 1-3.)

Source: RCE

4H17  New Jersey 4-H Prep Club Member Card (available only from County Extension offices)
Membership card for youth, grades 1-3, enrolled in 4-H Prep.

Source: RCE

4H22  Recognition for Accomplishment Certificate (available only from County Extension offices)
Recognizing completion of any RCE class/course/major education event. 1pg. Available from Publications Distribution Center.

Source: RCE

4H21  Volunteer Recognition for Service Certificate (available only from County Extension offices)
For recognizing service by youth or adults.

Source: RCE
Registration forms

4H106  **4-H Adult Volunteer Registration Form**
Required form for adults to register as 4-H volunteers, once they have been appointed by a 4-H staff.

4H107  **New Jersey 4-H Club Member Registration Form**
Required form for youth to register for 4-H club membership.

4H205  **New Jersey 4-H Group Registration Form**
Form needed for staff and volunteers to keep track of important and required reporting information of participants in educational programs.

School-aged child care

4H227  **Adventure Club Packet - LG20 -#6**
A quality extended day-school program for elementary-aged children with emphasis on the development of life skills while having fun. The program materials are designed to be used in two approaches - 1) 4-H Extension as the Program Manager; 2) 4-H Extension providing technical assistance to school districts, private providers and community agencies sponsoring school-age child care programs. Curriculum packet includes a description of effective afterschool programming and activities designed to "foster life skills development in children K-6th grade." Subjects include drama puppets, science, plants, geography, careers, manners and many others. Curriculum is organized into weekly themes and has enough activities for two years.

Volunteer training & orientation

E148  **New Jersey 4-H Leader Training Series - Third Edition**
Information Sheet (Notebook) Format. Practical information reference for adults working with youth, and for adults working with adults and teens (volunteers) who work with youth.

4H207  **New Jersey 4-H Policy and Procedure for Staffing with Volunteers (Master copy)**
Customized, camera-ready master specific to each county. Includes screening forms, reference forms, volunteer appointment agreement, etc. Available only through county 4-H staff.

4H209  **T.A.X.I. (Taking Anybody into Expanded Involvement) (TX-100)**
The Yellow Taxi: Creating a System Without Boundaries; Yellow Taxi Trainers’ Guide: Creating a System Without Boundaries; The Green Taxi - Putting Drivers in Place: Positioning Management Volunteers; Green Taxi Trainers’ Guide: Training Drivers to Put Other Drivers in Place; The Blue Taxi: Planning a System That Helps People Get Where They Want to Go; Blue Taxi Trainers’ Guide: Training People to Plan; The Red Taxi: Getting Volunteers Where They Need to Go; Red Taxi Trainers’ Guide: Training Volunteer Managers to Get Going

4-H Promotional Materials

Answers to Questions You Want to Know About 4-H

FS577  **Answers to Questions You Want to Know About 4-H**
Key facts about 4-H in question and answer format. For Spanish version, see FS929.

FS929  **Respuestas a Preguntas que tiene sobre 4-H**
Spanish version of FS577. Key facts about 4-H in question and answer format.
Brochures

New Jersey 4-H More Than You Imagined
4-H brochure for the general public

Promotional videotape

4H231 4-H - Be in It! (Video - 3 minutes)
“4-H - Be in It!” is a three-minute videotape to be used to promote 4-H to youth. Although it is primarily aimed at youth, grades 3-8, it is also appropriate for other youth, as well as parents and prospective adult volunteers. The tape is very action-oriented and is very generic in regard to no mention of specific state, age/grade eligibility, etc. Cost is $10 per copy for RCE staff/programs and $20 per copy for all others.

Welcome to 4-H! A Guide for New 4-H Club Members and Their Parents

FS928 Bienvenidos a 4-H! Una Guia para los-miembros Nuevos del club de 4-H y sus Padres
Spanish version of FS576. Leaflet to provide to 4-H Club leaders to give every member as they join 4-H Clubs.

FS576 Welcome to 4-H! A Guide for New 4-H Club Members and Their Parents
Leaflet to provide to 4-H Club leaders to give every member as they join 4-H Clubs. For Spanish version, see FS928.

Citizenship and Civic Education

Cultural education

4H812 And My World
This leader guide provides material to teach 4-H’ers cross-cultural understanding and international interdependence in a constantly changing and developing world. The nearly 30 curriculum lessons, which have been piloted throughout the U.S., are updates and enhancements from the popular “And My World” manuals developed in the 1980’s. There are also brand new lessons and activities and a leaders guide filled with helpful information about youth development and how to best use the materials. To view samples of the lessons and pages from the leaders guide at: http://4h.unl.edu/curriculum/amw/andmy world.htm. An order form is available at this site.

4H220 Many Faces, One People, Units 1 (with video) and 2
Unit 1 - This train-the-trainer curriculum is designed to introduce the awareness, understanding, and reduction of stereotypes. Unit 2 helps individuals and groups learn more about their own and others’ cultures, as well as how to understand our filters and develop a dual perspective.

Communications and Expressive Arts

A reminder about Project Record Books ...

Note: If no record book is listed for a project, use 4H239
My 4-H Record Book: A General-Purpose Record Book (4H239) is for use by New Jersey 4-H members with any 4-H project that doesn’t have its own record book. See 4-H General.

General

4H13 Let’s Make a 4-H Exhibit
Provides direction in planning, designing, and constructing a 4-H exhibit.
New Jersey 4-H Publications List  p. 6

Public presentations

4H221  Evaluating Demonstrations and Illustrated Talks

Source: RCE

4H218  How to Give a Public Presentation: A 4-H Member’s Guide
Comprehensive guide on planning and doing a public presentation for youth.

Source: RCE

4H222  How to Judge Public Presentations
Philosophical guidelines for use in judging public presentations. Essential for presentation judges.

Source: RCE

4H233  Judge’s Score Sheet for Demonstrations & Illustrated Talks
Score sheet used to judge demonstrations and illustrated talks. Essential for presentation judges. 1 pg.

Source: RCE

4H234  Judge’s Score Sheet for Formal Speeches
Score sheet used to judge formal speeches. Essential for presentation judges. 1 pg.

Source: RCE

4H235  Judge’s Score Sheet for Performing Arts
Score sheet used to judge performing arts presentations. Essential for presentation judges. 1 pg.

Source: RCE

4H223  Public Presentations Information Sheet
General overview of what 4-H public presentations are.

Source: RCE

4H219  Teaching Public Presentations: A 4-H Leader’s Guide
A guide to help adults help youth in planning and doing a public presentation.

Source: RCE

Consumer and Family Sciences

A reminder about Project Record Books ...

Note: If no record book is listed for a project, use 4H239

My 4-H Record Book: A General-Purpose Record Book (4H239) is for use by New Jersey 4-H members with any 4-H project that doesn’t have its own record book. See 4-H General.

Source: RCE

Audience

4H262  My 4-H Clothing and Textiles Project Record Book
This record book provides each 4-H member a place to record information about his/her clothing and textile project.

Source: NJ4H

Family Memory Book

4H260  Family Memory Book
The Family Memory Book is a collection of specially designed pages to enhance communication among family members for the whole family to complete. This publication contains starter pages to create a Family Memory Book. Includes 101 Ways to Praise Your Child; Family Creed; Family Jewels; For You, My Child, I Hope; We Have Fun Together; Family Treasure Chest; Family History; Shield. For tips on how to create a Family Memory Book, refer to the Family Memory Book User’s Guide (4H261).

Source: NJ4H
4H261       Family Memory Book User's Guide

The Family Memory Book is a collection of specially designed pages to enhance communication among family members for the whole family to complete. This publication contains descriptions of pages contained in the Family Memory Book and tips on how to create one.

General

PNW039       About You & Me (Series)

Travel tips

4H131       Travel Tips - All About Grooming

All About Grooming pamphlet includes checklist of grooming aids and special travel needs.

4H125       Travel Tips - All About Meeting People

All About Meeting People pamphlet provides hints on meeting and talking to new people.

4H127       Travel Tips - All About Movie and Theater Manners

All About Movie and Theater Manners pamphlet provides some movie and theatre-going etiquette.

4H128       Travel Tips - All About Packing

All About Packing pamphlet gives useful hints for packing all kinds of clothes in various kinds of luggage.

4H130       Travel Tips - All About Restaurant Manners

All About Restaurant Manners lists some rules to follow when eating in a restaurant.

4H132       Travel Tips - All About Table Manners

All About Table Manners pamphlet discusses table and eating etiquette and correct silverware placement and use.

4H129       Travel Tips - All About Tipping

All About Tipping pamphlet provides useful hints for tipping in restaurants, airports and train stations, taxi cabs, hotels, and hair salons.

4H126       Travel Tips - All About Your Wardrobe

All About Your Wardrobe pamphlet addresses the question, “What to Wear?” for a trip, without overpacking.

Environmental Education and Earth Sciences

A reminder about Project Record Books ...

Note: If no record book is listed for a project, use 4H239

My 4-H Record Book: A General-Purpose Record Book (4H239) is for use by New Jersey 4-H members with any 4-H project that doesn’t have its own record book. See 4-H General.
Earth X-Press

4H215  Earth X-Press Volume I
A collection of natural resource information and activity sheets for use in newsletters or with 4-H projects.

Source: NJ4H

4H216  Earth X-Press Volume II
A collection of natural resource information and activity sheets for use in newsletters or with 4-H projects.

Source: NJ4H

4H217  Earth X-Press Volume III
A collection of natural resource information and activity sheets for use in newsletters or with 4-H projects.

Source: NJ4H

Marine Science

4H101  4-H Marine Science Project - Leader Guide
A collection of activities to help youth learn about the marine environment. Topics include habitats, organisms, career exploration, and community involvement.

Source: RCE

Healthy Lifestyle Education

A reminder about Project Record Books ...

Note: If no record book is listed for a project, use 4H239

My 4-H Record Book: A General-Purpose Record Book (4H239) is for use by New Jersey 4-H members with any 4-H project that doesn’t have its own record book. See 4-H General.

Source: RCE

Foods and Nutrition

BU-7150  Foodworks- 4-H Foods - Level D
This new and exciting curriculum is designed to meet today’s life style. Four age graded manuals cover six major categories: Healthy Food Selection, Smart Food Purchasing, Food Preparation, Food Safety, Food Preservation, and Careers. This curriculum is based on the “Experiential Learning Model” and is designed to help youth develop life skills in three major areas: competency, coping, and contributory skills. “Foodworks” is designed for youth ages 17-19.

Source: IN

BU-7151  Foodworks - Leader Guide Level D
This new and exciting curriculum is designed to meet today’s life style. Four age graded manuals cover six major categories: Healthy Food Selection, Smart Food Purchasing, Food Preparation, Food Safety, Food Preservation, and Careers. This curriculum is based on the “Experiential Learning Model” and is designed to help youth develop life skills in three major areas: competency, coping, and contributory skills. The Leader/Helper’s guide provides additional background information and answers to questions found in other sections of the member’s manual.

Source: IN

BU-7144  Six Easy Bites - 4-H Foods - Level A
This new and exciting curriculum is designed to meet today’s life style. Four age graded manuals cover six major categories: Healthy Food Selection, Smart Food Purchasing, Food Preparation, Food Safety, Food Preservation, and Careers. This curriculum is based on the “Experiential Learning Model” and is designed to help youth develop life skills in three major areas: competency, coping, and contributory skills. “Six Easy Bites” is designed for youth ages 10-11.

Source: IN

BU-7145  Six Easy Bites - Leader Guide Level A
This new and exciting curriculum is designed to meet today’s life style. Four age graded manuals cover six major categories: Healthy Food Selection, Smart Food Purchasing, Food Preparation, Food Safety, Food Preservation, and Careers. This curriculum is based on the “Experiential Learning Model” and is designed to help youth develop life skills in three major areas: competency, coping, and contributory skills. The Leader/Helper’s Guide provides additional background information and answers to questions found in other sections of the member’s manual.

Source: IN
BU-7146 Tasty Tidbits - 4-H Foods - Level B
This new and exciting curriculum is designed to meet today’s life style. Four age graded manuals cover six major categories: Healthy Food Selection, Smart Food Purchasing, Food Preparation, Food Safety, Food Preservation, and Careers. This curriculum is based on the “Experiential Learning Model” and is designed to help youth develop life skills in three major areas: competency, coping, and contributory skills. “Tasty Tidbits” is designed for youth ages 12-13.

BU-7147 Tasty Tidbits - Leader Guide Level B
This new and exciting curriculum is designed to meet today’s life style. Four age graded manuals cover six major categories: Healthy Food Selection, Smart Food Purchasing, Food Preparation, Food Safety, Food Preservation, and Careers. This curriculum is based on the “Experiential Learning Model” and is designed to help youth develop life skills in three major areas: competency, coping, and contributory skills. The Leader/Helper’s guide provides additional background information and answers to questions found in other sections of the member’s manual.

BU-7148 You're the Chef - 4-H Foods - Level C
This new and exciting curriculum is designed to meet today’s life style. Four age graded manuals cover six major categories: Healthy Food Selection, Smart Food Purchasing, Food Preparation, Food Safety, Food Preservation, and Careers. This curriculum is based on the “Experiential Learning Model” and is designed to help youth develop life skills in three major areas: competency, coping, and contributory skills. “You’re the Chef” is designed for youth ages 14-16.

BU-7149 You're the Chef - Leader Guide Level C
This new and exciting curriculum is designed to meet today’s life style. Four age graded manuals cover six major categories: Healthy Food Selection, Smart Food Purchasing, Food Preparation, Food Safety, Food Preservation, and Careers. This curriculum is based on the “Experiential Learning Model” and is designed to help youth develop life skills in three major areas: competency, coping, and contributory skills. The Leader/Helper’s guide provides some additional background information and answers to questions found in other sections of the member’s manual.

Talking with TJ

4H228-A Talking with TJ Comics and Posters Refill Kit: Conflict Resolution Series (TJ 701)
Refill kit of comics and posters for 15 kids.

4H229-A Talking with TJ Comics and Posters Refill Kit: Teamwork Series (TJ 202)
Refill kit of comics and posters for 15 kids.

4H228 Talking with TJ Program Kit: Conflict Resolution Series with Video (TJ 601)
Program kit includes video, comics, and posters for 15 kids with teacher guide. Topic cover managing conflict, decision making, communicating with others, problem solving, communicating/relating, and developing self-esteem.

4H229 Talking with TJ Program Kit: Teamwork Series with Video (TJ 101)
Program kit includes video, comics, and posters for 15 kids with teacher guide. Youth learn and practice skills for making group plans, appreciating differences and including people, and playing as a cooperative team.

Personal Development and Leadership

4-H Prep

4H133 4-H Prep Secretary’s Book
For use by the secretary of a 4-H prep club. Includes attendance record form and forms to prepare the meeting minutes.
Exploring Farm Animals Group Guide (K-2)

See publication BU-6350 under Plants and Animals. Guide designed for 1st - 3rd graders to teach life skills using animals and animal-based activities. Youth learn about animal agriculture using experiential learning activities.

Learn About 4-H Prep - 4-H Prep Leader Activity Guide

Activity guide for 4-H Prep Leaders. This guide consists of over 50 activity sheets covering a variety of subjects. Each sheet is a self contained lesson including suggestions for field trips, guest speakers, and follow up activities for members to do at home.

A reminder about Project Record Books...

If no record book is listed for a project, use 4H239

My 4-H Record Book: A General-Purpose Record Book (4H239) is for use by New Jersey 4-H members with any 4-H project that doesn’t have its own record book. See 4-H General.

Teen Leadership

NJ 4-H Teen Leadership Project

Checklist of state requirements.

Plants and Animals

4-H Prep

Exploring Farm Animals Group Guide (K-2)

Guide designed for 1st - 3rd graders to teach life skills using animals and animal-based activities. Youth learn about animal agriculture using experiential learning activities.

A reminder about Project Record Books...

If no record book is listed for a project, use 4H239

My 4-H Record Book: A General-Purpose Record Book (4H239) is for use by New Jersey 4-H members with any 4-H project that doesn’t have its own record book. See 4-H General.

Animals

My 4-H Herpetology Project Record Book

This record book provides each 4-H member a place to record information about his/her herpetology project.

My 4-H Herpetology Project Record Book

This record book provides each 4-H member a place to record information about his/her herpetology project.

New Jersey 4-H Aquarium and Tropical Fish Record Book

To be used in conjunction with the 4-H Marine Project book for advanced students. Project objectives for first year and advanced. Project, activity and exhibit ideas, fairly detailed reference work for fish projects.

Beef

Beef 1 Bite Into Beef

Experienced based activity book that enables 4-H’ers to learn about beef while developing important life skills. Topics include beef parts, breeds, costs, care, decision making and team building.
**New Jersey 4-H Publications List**

**BU-6352 Beef 2 On the Mooove**  
Project activity guide for 4-H members who have completed unit 1 of the beef project. Provides achievement level-based activities to learn about beef. Activities in guide are designed so that 4-H’er learns by doing before being shown or told.  

**BU-6353 Beef 3 Leading the Charge**  
Activity book for advanced level beef club members. Experienced-based activities that promote leadership and develop life skills while learning about beef. Provides challenging activities to expand project experiences beyond the animal, and recognition of accomplishment.  

**BU-6354 Beef Group Activity Guide**  
Leader guide provides beef related activities for club meetings. Topics help club leaders teach life skills and develop self-confidence within club members. Each activity is designed to consider learning characteristics of youth, life skills, learning methods, and subject content.  

**Cat**

**BU-6146 Cat 1 Purr-fect Pals!**  
Learning to Learn, Communicating with Others, Making Decisions, and Planning and Organizing. History of cats, identifying body parts, breeds, health/responsibility, lifting and holding, cat care routines, grooming, training, declawing, neutering, lost cats, expenses, travelling, home hazard survey.  

**BU-6147 Cat 2 Climbing Up!**  
Learning to Learn, Communicating with Others, Making Decisions, and Planning and Organizing. Cat organizations, showing, training, making decisions, careers, reproduction/kitten care, labels/nutrition, fleas, observation, moods, health/symptoms of illness, making friends, pet therapy, elderly cat care, grieving.  

**BU-6148 Cat 3 Cat Connections**  
Learning to Learn, Communicating with Others, Making Decisions, and Planning and Organizing. Attending a cat show. Planning a cat business, cat knowledge, genetics, anatomy, careers, leadership, personality types, cat quiz bowl, how to devise teaching plans, animal categories, laws, reduce/reuse/recycle.  

**BU-6149 Cat Group Activity Guide**  
Leader Guide. Learning to Learn, Communicating with Others, Making Decisions, and Planning and Organizing. Performing an examination, helath, games, photography, trivia, debate, demonstrations, relating to others, animal control and adoption, showmanship, skillathon, cat bowl, answer keys.  

**4H213 New Jersey 4-H Cat Project Reference Book**  
Includes whether to acquire an adult or kitten, male or female, spaying/neutering considerations, long/short haired, registered or not, where to obtain the animal, age at which to acquire it, equipment needed, how to make a scratching post, lessons, breeds, medical references. Fantastic!  

**Dairy**

**BU-6154 Dairy 1 Dig Into Dairy**  
Learning to Learn, Communicating with Others, Making Decisions, and Planning and Organizing. Breeds, anatomy, products, nutrition, milking, milk production, marketing, selecting a calf, judging, calving, dairy products, health/examinations, showmanship, taste.  

**BU-6155 Dairy 2 Moooving Ahead**  
Evaluating technology, instincts, animal production practices, groups and associations, touring a dairy farm, international products, packaging a product, new technologies, interests and abilities, careers, change and loss, budgeting, nutrition, record keeping.
BU-6156  Dairy 3 Leading the Way

Cooperatives, real vs imitation milk products, farm image, careers, employee leadership/relations, teaching about dairy products, planning an event, showmanship, public policy, environmentally responsible waste use, analyzing water pollution, land space/dairy farming.

Source: CCS

BU-6157  Dairy Group Activity Guide

Leader Guide. Developing life skills, youth learning characteristics, experiential learning process, content, breed characteristics, using records to make management decisions, pedigrees, mastitis, health, digestive system, interviewing and being interviewed, reproduction, water pollution and testing, drugs/medications, games, skillathons, dairy pyramid, answer keys.

Source: CCS

4H252  My 4-H Dairy Project Record Book (Trial version)

This record book provides each 4-H member a place to record information about his/her dairy project.

Source: NJ4H

Dog

BU-6150  Dog 1 Wiggles ‘n Wags

Learning to Learn, Communicating with Others, Making Decisions, and Planning and Organizing. Canine connection, behavior, problems and solutions, dog jobs, care, training, what makes a good pet, house training, breeds, body parts, grieving, grooming.

Source: CCS

BU-6151  Dog 2 Bounding Ahead

Learning to Learn, Communicating with Others, Making Decisions, and Planning and Organizing. Dog census, breed history, overpopulation, pack mentality, feed, finding a dog, personality, parasites, showmanship, treat experiment, communication, careers, lost dogs, kennels/travelling, dictionary.

Source: CCS

BU-6152  Dog 3 Pointing the Way

Learning to Learn, Communicating with Others, Making Decisions, and Planning and Organizing. Aloha dog, training, guide dogs, expenses, feed, scenting, animal shelters, laws and ordinances, health, welfare, nutrition, diseases, careers, commercials.

Source: CCS

BU-6153  Dog Group Activity Guide

Leader Guide. Learning to Learn, Communicating with Others, Making Decisions, and Planning and Organizing. Youth Characteristics, taking responsibility, pet therapy, obedience, skillathons, games, designing a product, presentations, communication through pictures, adoption, dog pyramid.

Source: CCS

4H242  My 4-H Dog Care and Training Project Record Book

This record book provides each 4-H member a place to record information about his/her dog care and training project. Seeing Eye project members may want to use this or the general purpose record book, 4H239, based on club leader discretion.

Source: NJ4H

Goat

BU-6162  Goat 1 Getting Your Goat

Learning to Learn, Communicating with Others, Making Decisions, and Planning and Organizing. Is the goat for you?, breed descriptions, body parts, goat care, interviews, feed ingredients, pen safety, showing goats, dairy goat guidelines, angora guidelines, goat products, record keeping, health/symptoms of illness, teeth/age.

Source: CCS

BU-6163  Goat 2 Stepping Out

Learning to Learn, Communicating with Others, Making Decisions, and Planning and Organizing. Judging goats, health problems, journal, medicines, vital statistics, kidding/birth, skillathon, health maintenance, milking, feed, products, dominance, growth, joining organizations.

Source: CCS
BU-6164  Goat 3 Showing the Way
Learning to Learn, Communicating with Others, Making Decisions, and Planning and Organizing. Judging contest, field day, abc’s, petting zoo, production and type traits, genetics, breeding up, artificial insemination, record keeping, management, careers, commercials, peer education.

BU-6165  Goat Group Activity Guide
Leader guide. Learning to Learn, Communicating with Others, Making Decisions, and Planning and Organizing. Learner characteristics, planning the project year, goat management, word games, record keeping, demonstrations, manufacturing milk and mohair, digestive system, loss/change, goat pyramid, skillathons, bowls, goat bingo, super goat, careers, answer keys.

4H245  My 4-H Goat Project Record Book (Trial version)
This record book provides each 4-H member a place to record information about his/her goat project.

Horse

BU-08053  Giddy Up and Go
Experienced based activity book that enables 4-H’ers to learn about horses while developing important life skills. Topics include horse parts, breeds, coats, care, decision making and team building.

BU-08054  Head, Heart, and Hooves
Project activity guide for 4-H members who have completed Unit 1 of the horse project. Provides achievement level-based activities to learn about horses. Activities in guide area are designed so that 4-H’er learns by doing before being told or shown.

BU-08058  Horse Group Activity Book

4H102  How to Make an Adjustable Rope Halter
Complete guide to making a bovine rope halter including photographs and step-by-step instructions.

BU-08057  Jumping to New Heights

4H52  My 4-H Horse Project Record Book
All NJ 4-H horse project horse members are expected to use this record book. Only one book is needed per 4-H member, no matter how many project animals they own. (They can copy selected pages for additional horses.) Project members without horses can use the same book and skip the parts that ask for information about a project animal. Supplements for Breeding/Mare & Foal, Growing & Training, and Competitive Trail Ride are incorporated into this single project record book. Previous horse project record books and supplements have been eliminated. In addition, this record book is now the official source for the 4-H Horse Registration Form, Horse Project Lease/Borrow Form, and Horse Health Information Form, which are all included in the book.

4H244  My 4-H Model Horse Project Record Book
This record book provides each 4-H member a place to record information about his/her horse project.

4H230  New Jersey 4-H Horse Program Leader Manual and Event Guide (See 4-H web site)
Complete information source for forms and event requirements. This is found on the 4-H web site at http://nj4h.rutgers.edu

4H60  New Jersey 4-H Horse Project Program Planning Manual
Manual includes a three year calendar of suggestions for club meetings. Lessons increase in difficulty chronologically. Planned to meet the needs of the horseless club leader although is excellent for all horse project leaders.
4H212  New Jersey State 4-H Horse Show Rule Book (Bi-annual)
A must for every 4-H horse club member, leader and parent. It details the rules for the State 4-H Horse Show and gives suggestions for county qualifying events.

BU-08056  Riding the Range

BU-08055  Stable Relationships
Activity book for advanced level horse club members. Experienced-based activities that promote leadership and develop life skills while learning about horses. Provides challenging activities to expand project experiences beyond the animal, and recognition of accomplishment.

Livestock

380-122  4-H Livestock Record Book: For Beef, Sheep, Swine
Designed for youth in their first years of livestock project work. Includes directions for keeping the book and examples. Details expenses such as feed and trucking. Lists activities in which the participant took part. Asks for photos and a brief story about the project.

380-121  Advanced 4-H Livestock Record Book: For Beef, Sheep, Swine
Only one record book is needed for each project each year. Project planning, financial planning, livestock, equipment and feed inventories, project photographs, record of exhibitions, animal performance, production efficiency, financial summary, record of activities and a project review are included.

Plants

4H141L78  Garden in the City
Helping kids with gardening, whether city, suburbs, or country.

4H87  My 4-H Vegetable Garden
Information on how to plant and care for a vegetable garden are detailed in this unit.

Poultry

4H263  My 4-H Bird and Poultry Project Record Book
This record book provides each 4-H member a place to record information about his/her bird and poultry project.

4H211  New Jersey 4-H Poultry Project
Introduction and minimum requirements for a 4H Poultry project. Reference page of reports to be completed. Project summary, equipment inventory, monthly cash expenses, Receipts from sales, health summary, mortality record, breeding project pen record, egg production summary, meat production summary, show record, project diary, and snapshots.

BU-6363  Poultry 1 Scratching the Surface
Learning to Learn, Communicating with Others, Making Decisions, and Planning and Organizing. Fowl Facts, poultry parts, breeds/standards, egg parts, egg taste test chart, breed choice, brooding/incubating eggs, moving a bird, feather patterns/types, digestive system. Judging, show preparation, and showmanship.

BU-6364  Poultry 2 Testing Your Wings
Learning to Learn, Communicating with Others, Making Decisions, and Planning and Organizing. Observation of a healthy flock, worms, skeletal system, reproduction, carcass scoring/score cards, pecking order, selecting hens for egg production, breeding, feed, advertising, imprinting, egg candlers/grading eggs, diseases and their prevention, budgeting, and definitions.
New Jersey 4-H Publications List

BU-6365  Poultry 3 Flocking Together
Learning to Learn, Communicating with Others, Making Decisions, and Planning and Organizing. Organizing a judging clinic, managing a laying flock, processing a carcass, genetics, eggsperiments, handling poultry products safely, poultry issues/survey, poultry cacklegories, dying eggs, super bird, careers, and personal attributes/careers.

Source: CCS

BU-6366  Poultry Group Activity Guide
Leader Guide. Developing life skills, Youth learning characteristics, the experiential learning process, selecting content, planning and organizing, group project calendar, poultry bowls, poultry fun day, hatching chicks, demonstrations, poultry pyramid, role playing, games, record entries/examples, embryonic development, skillathon and answer keys.

Source: CCS

Rabbit

4H241  My 4-H Rabbit, Cavy, and Small Animal Project Record Book
This record book provides each 4-H member a place to record information about his/her rabbit, cavy, or small animal project.

Source: NJ4H

BU-08080  Rabbit 1 What’s Happening?
Experience based activity book that allows 4-H’ers to explore rabbits. Teaches 4-H’ers how to find information, and do work as a team member.

Source: CCS

BU-08081  Rabbit 2 Making Tracks
Project activity guide for 4-H rabbit club members who have completed Unit 1. Provides achievement level-based activities to teach about rabbits. Activities in guide are designed so 4-H’er learns by doing before being shown or told.

Source: CCS

BU-08082  Rabbit 3 All Ears
Activity book for 4-H rabbit members who have completed level 2. Experienced-based activities that promote leadership and develop life skills while learning about rabbits.

Source: CCS

BU-08083  Rabbit Project Helper's Guide
Leader guide that provides rabbit related activities for club meetings. Topics help club leaders teach life skills and develop self-confidence within club members. Each activity is designed to consider learning characteristics of youth, life skills, learning methods, and subject content.

Source: CCS

Sheep

4H246  My 4-H Sheep Project Record Book
This record book provides each 4-H member a place to record information about his/her sheep project.

Source: NJ4H

4H253  NJ 4H Market Lamb Project Handbook
A reference guide for 4-H members, parents, and leaders involved in raising market lambs

Source: NJ4H

BU-6367  Sheep 1 Lambs, Rams and You
For the 4-H member. Includes project guidelines, planning guide, Learning to Learn, Communicating with Others, Making Decisions, and Planning and Organizing. Goals, breeds, body parts, sheep observation/behavior, uses for wool, sheep by products, teeth/age, demonstration/sheep fitting, showmanship, selection/standards, health examination, vacation planing, lambing and supplies.

Source: CCS

BU-6368  Sheep 2 Shear Delight
Project Guidelines and expectations, Planning guide, Learning to Learn, Communicating with Others, Making Decisions, and Planning and Organizing. Sheep parasites, safe food handling, judging a sheep class, antibiotics and medications, giving injections, sheep and swine digestive systems, symptom diagnosis, castration, deworming, docking, ear tagging, hoof trimming, vaccinating, sheep careers, cold lambs, production periods, selling and buying, shelter, retail cuts and preparation/cooking, sheep feed.

Source: CCS
BU-6369 Sheep 3 Leading the Flock
Learning to Learn, Communicating with Others, Making Decisions, and Planning and Organizing. Goals, heterosis effects, budgeting, event planning, career interview, industry issues, surveys, reproduction, peer education, ABC’s of sheep game, Judging contest, genetics, retail lamb cuts.

Source: CCS

BU-6370 Sheep Group Activity Guide
Leader Guide. Youth learning characteristics. Experiential learning process, selecting content, Learning to Learn, Communicating with Others, Making Decisions, and Planning and Organizing. Group calendar, sheep management practices, skillathon, body parts/retail cuts, sheep talk games, lambs bingo, heath examinations, lambing season, knots, rope halters, sheep bowl, wool skillathon, equipment, sheep pyramid, animal welfare issues, change/emotions, answer keys, sheep project meeting ideas.

Source: CCS

Small Animals

4H241 My 4-H Rabbit, Cavy, and Small Animal Project Record Book
This record book provides each 4-H member a place to record information about his/her rabbit, cavy, or small animal project.

Source: NJ4H

BU6359 Pet 1 Pet Pals
Learning to Learn, Communicating with Others, Making Decisions, and Planning and Organizing. Pet types, interviews, survey, best pet for your family, handling tips, safety, shelter, exercise, care, expenses, feed ingredients, body parts, researching ancestry.

Source: CCS

BU-6360 Pet 2 Scurrying Ahead
Learning to Learn, Communicating with Others, Making Decisions, and Planning and Organizing. Digestive systems, breeding, nutrition, budgeting, reproductive system, examinatinos, diary, communication, story writing, interviews/careers, commercial about pet care, showing, pet sitting, skeletal system.

Source: CCS

BU-6361 Pet 3 Scaling the Heights
Learning to Learn, Communicating with Others, Making Decisions, and Planning and Organizing. Pet business plan, pet store search, self analysis, taxonomy, discussion skills, pet cards/answers, teaching plan, peer teaching, genetics, pet adoption, diseases and symptoms, environmental impact, debates, story sharing, dictionary.

Source: CCS

BU-6362 Pet Group Activity Guide
Leader Guide. Youth Learning characteristics, Learning to Learn, Communicating with Others, Making Decisions, and Planning and Organizing. Planning meetings, group calendar, pet therapy visits, pet shows, skillathon, dealing with loss, getting acquainted, animal shelters, pet resources, record keeping, pet bowls, pet pyramids, games, presentations, storytelling, answer keys.

Source: CCS

Swine

BU-08067 Going Whole Hog
Activity book for advanced level swine club members. Experienced-based activities that promote leadership and development life skills while learning about swine. Provides challenging activities to expand project experiences beyond the animal, and recognition of accomplishment.

Source: CCS

4H-264 My 4-H Swine Project Record Book
This book provided each 4-H member a place to record information about his/her swine project.

Source: NJ4H

BU-08066 Putting the Oink in Pig

Source: CCS
BU-08068  Swine Group Activity Guide
Leader guide provides swine related activities for club meetings. Topics help club leaders teach life skills and develop self-confidence within club members. Each activity is designed to consider learning characteristics of youth, life skill, learning methods, and subject content.

BU-08065  The Incredible Pig
Experienced based activity book that enables 4H’ers to learn about pigs while developing important life skills. Topics include pig parts, breeds, costs, care, decision making and team building.

Science and Technology

4-H S.E.R.I.E.S.

E210-A  4-H SERIES: Every Youth a Scientist 4-H Series - A-H
Eight Series which can be ordered (A-H) together or separately. Each engenders scientific thinking processes, cross-age teaching, the learning cycle, exploration, concept introduction, and concept application. An excellent series, there are usually two activities and reviews per session, and two sessions per discipline/packet.

E210-B  4-H SERIES: Every Youth a Scientist - Beyond Duck and Cover
Earthquake unit. Objectives include increasing an understanding of science, the processes of science, and developing skills for obtaining and analyzing information. Seven sessions with one to three activities each. Include learning about seismic waves, making a seismograph, reading seismograms, intensity scales, preparedness, and building their own earthquake-proof structures. Unit is somewhat California specific, so advanced preparation of some materials may be necessary.

E210-C  4-H SERIES: Every Youth a Scientist - Chemical Are Us
Six sessions covering discovering chemicals, chemical changes, testing for acids and bases, home hazardous waste disposal, thresholds (How Sweet it is), and an all chemical breakfast. Each includes several FUN activities for youth. Peer teaching is emphasized. It is recommended that leaders/youth practice experiments before actual day of meeting/member experiments. Materials lists included.

E210-H  4-H SERIES: Every Youth a Scientist - From Ridges to Rivers: Watershed Exploration
User's Guide includes Scientific thinking skills, a Teen Leader Page for session preparation, and Community Service projects. Eight Sessions: Watershed overview, Creek Carvings, Rocks: Here Today, Gone Tomorrow?, Of Mudshakes and Mystery Soils, Life Underground, Aquifer In A Cup, Habitat, Habitat, Have to Have a Habitat..., We have the Watershed In Our Hands, and four

E210-D  4-H SERIES: Every Youth a Scientist - It Came from Planted Earth
Six sessions covering an intro to agriculture (from wheat to flour), seeds, germinating seeds, soils water, and animals in agriculture. Making food products from basic agricultural products. Growing seeds. Includes ideas for community service projects.

E210-G  4-H SERIES: Every Youth a Scientist - Oak Woodland Wildlife
Six sessions: The Oak Woodlands, Getting to know the oak woodland habitat, Understanding niches, Woodpeckers and the Oaks, Understanding animal coloration, oak issues and community service. Fairly California specific.

E210-E  4-H SERIES: Every Youth a Scientist - Recycle/Reuse
Six sessions: Connections, Diversity/adaptation, Responsibility, Choice and Results, and choice and results: Inventor’s Corner. Oh Deer, the Web, demonstrate the need for all components of an environment and the interconnectivity of the world today. Camouflage and concealment are addressed in Diversity/Adaptation.

E210-A  4-H SERIES: Every Youth a Scientist - Sciening with Snails
Science processes/content and appropriate developmental stages charted for each activity. Supply lists, purpose, background information, and activities using snails to encourage youth to use their senses to observe, measure, predict and apply scientific concepts.
E210-F  4-H SERIES: Every Youth a Scientist - What's Bugging You?

Six sessions: What are Pests?, Knowing what pests need to survive, Understanding pests, Managing pests, Understanding dilution and concentration, and To be a pest or not!

*A reminder about Project Record Books *

Note: If no record book is listed for a project, use 4H239

My 4-H Record Book: A General-Purpose Record Book (4H239) is for use by New Jersey 4-H members with any 4-H project that doesn’t have its own record book. See 4-H General.

Blue Sky Below My Feet

4H700  Blue Sky Below My Feet - Leader Teacher Handbook

General

FS076  4-H and Schools Working together in Science Education

Science Discovery Series

BU-07914  Science Discovery Series Volume 1

This Leader Guide provides the lessons and activities to teach the topics offered in the NJ Science Discovery Kits provided to all county RCE offices. Self-contained kits can be replicated based on the list of materials needed to teach each of the five lessons: Geology Where You Live (Rocks & Minerals), Don’t Trash The Planet! (Recycling/Solid Waste), Tree-Mendous Fun (Trees), As Big As A Whale! (Whales), Good To The Last Drop (Water Quality & Conservation). Aimed at 4-H staff, K-12 educators, and volunteers. For more information about this curriculum, visit the supporting website at www.discoverscience.rutgers.edu.

BU-07915  Science Discovery Series Volume 2

The curriculum provides dozens of hands-on science lessons about meteorology, space exploration, tree identification, waste management alternatives, spiders, and oceanography that help youth develop life skills while improving science and math literacy. Aimed at 4-H staff, K-12 educators, and volunteers. For more information about this curriculum, visit the supporting website at www.discoverscience.rutgers.edu.

SPACES

4H1502  SPACES - Adventures in SPACES Guide

A guide to aid adults in helping youth ages 9 to 15 learn science, technology, personal and coping skills, and to gain an awareness of cultural and environmental issues and communication skills.

4H1483  SPACES - Help Me - I’m Growing Up! Resource Notebook

4H1455  SPACES - Help Me - I’m Growing Up! Workbook

4H1493  SPACES - Inner Space: Coping with the Changes in my Life

4H1491  SPACES - Inner Space: Getting to Know More About Me
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