



Providing Positive Youth Development through 4-H Essential Elements

I pledge my head to clearer thinking... OPPORTUNITIES FOR INDEPENDENCE

- Opportunity to see oneself as an active participant in the future
- Opportunity for self-determination

I pledge my heart to greater loyalty... OPPORTUNITIES FOR BELONGING

- Positive Relationship with a caring adult
- An inclusive environment
- A safe environment

I pledge my hands to larger service... OPPORTUNITIES FOR GENEROSITY

- Opportunity to value and practice service for others

I pledge my health to better living... OPPORTUNITIES FOR MASTERY

- Engagement in Learning
- Opportunity for Mastery

4-H is a community of young people across America who are learning leadership, citizenship and life skills



The New Jersey 4-H Mission

The Rutgers Cooperative Extension, 4-H Youth Development Program uses a learn-by-doing approach to enable youth to develop the knowledge, attitudes and skills they need to become competent, caring and contributing citizens of the world.

This mission is accomplished by using the knowledge and resources of the land grant university system, along with the involvement of caring adults.

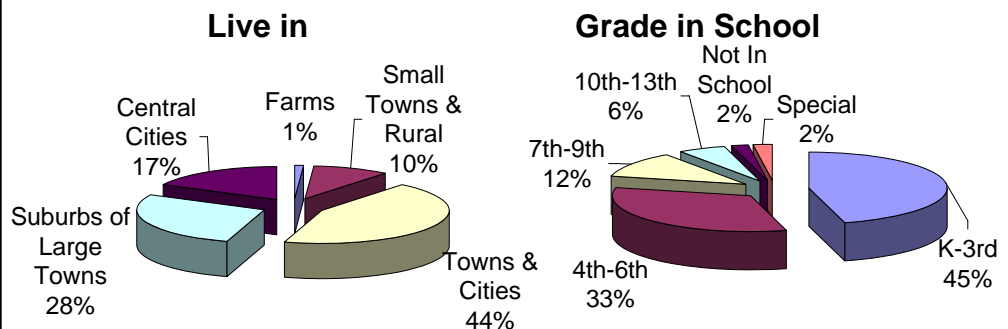
Youth in New Jersey 4-H

The 4-H Youth Development Program is part of Rutgers Cooperative Extension. 4-H educational programs are offered to all youth, grades K-13, on an age-appropriate basis, without regard to race, religion, color, national origin, ancestry, age, sex, sexual orientation, gender identity and expression, disability, atypical hereditary cellular or blood trait, marital status, civil union status, domestic partnership status, military service, veteran status, and any other category protected by law.

In 2010, 50,412 youth (duplicates eliminated) participated in the following ways:

- 10,728 youth were members of organized 4-H clubs
- 7,952 youth were members of 4-H special interest/short-term programs
- 3,776 youth participated in camping programs
- 29,845 youth were involved in 4-H school enrichment programs
- 6 youth participated in 4-H individual study programs
- 1,447 youth participated in School Age Child Care education programs

Of the 50,412 youth in New Jersey 4-H...



Volunteers Serving 4-H Youth

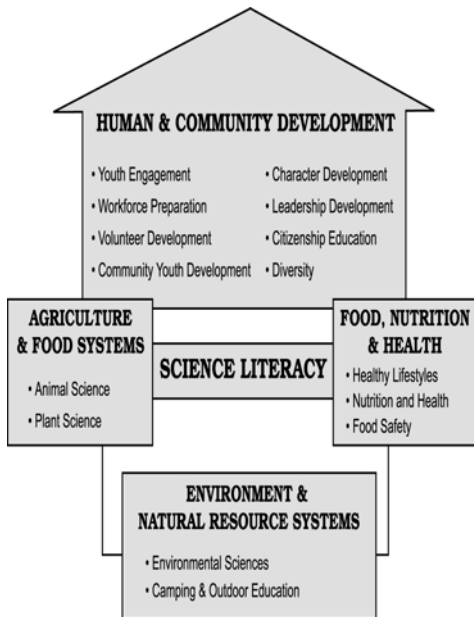
Volunteers are essential to the successful delivery of 4-H programs to youth. This year 2,298 adult volunteers donated, on average, 220 hours per year preparing for club meetings and teaching youth. According to the Independent Sector, the value of volunteer time in New Jersey is \$23.62/hour. This equates to more than \$11.9 million in time being donated to New Jersey 4-H. There were also 362 4-H youth volunteers, teens who shared their skills with younger 4-H members and with other youth in their communities.

Better Youth for Better Communities



HEAD * HEART * HANDS * HEALTH

*Life Skill Development for K-13 Youth
Using Experiential Learning Methods*



4-H Beyond New Jersey

4-H programs are conducted in 3,150 counties of the United States, District of Columbia, Puerto Rico, Virgin Islands, Guam, American Samoa, Micronesia, and North Mariana Islands. There are 4-H type programs in some 82 other countries enrolling approximately 4.5 million youth. 4-H Alumni now total over 50 million.

4-H Project Enrollment

Science, Engineering, Technology.....	33,362
Consumer and Family Science	519
Biological Science	5,192
Technology and Engineering	5,362
Physical Sciences	3,277
Environmental Education/Earth Sciences	11,336
Ag in the Classroom	101
Animals	6,334
Plant Science	1,241
 Citizenship	 13,595
Civic Engagement	3,993
Community/Volunteer Service	984
Leadership and Personal Development	4,881
Communications and Expressive Arts	3,737
 Healthy Lifestyles.....	 12,570
Foods and Nutrition	10,177
Health	2,134
Personal Safety	259



For more Information about 4-H in New Jersey, contact your local Rutgers Cooperative Extension office in each county or call the State 4-H Office at 732-932-5000, ext.598

*You can also visit the state 4-H web site at:
www.nj4h.rutgers.edu*