

2008 4-H Facts-in-Brief

Providing Positive Youth Development through 4-H Essential Elements

I pledge my head to clearer thinking... OPPORTUNITIES FOR INDEPENDENCE

- Opportunity to see oneself as an active participant in the future
- Opportunity for self-determination

I pledge my heart to greater loyalty... OPPORTUNITIES FOR BELONGING

- Positive Relationship with a caring adult
- An inclusive environment
- A safe environment

I pledge my hands to larger service... OPPORTUNITIES FOR GENEROSITY

- Opportunity to value and practice service for others

I pledge my health to better living... OPPORTUNITIES FOR MASTERY

- Engagement in Learning
- Opportunity for Mastery

4-H is a **community** of **young people** across **America** who are learning **leadership, citizenship** and **life skills**

The New Jersey 4-H Mission

The Rutgers Cooperative Extension, 4-H Youth Development Program uses a learn-by-doing approach to enable youth to develop the knowledge, attitudes and skills they need to become competent, caring and contributing citizens of the world.

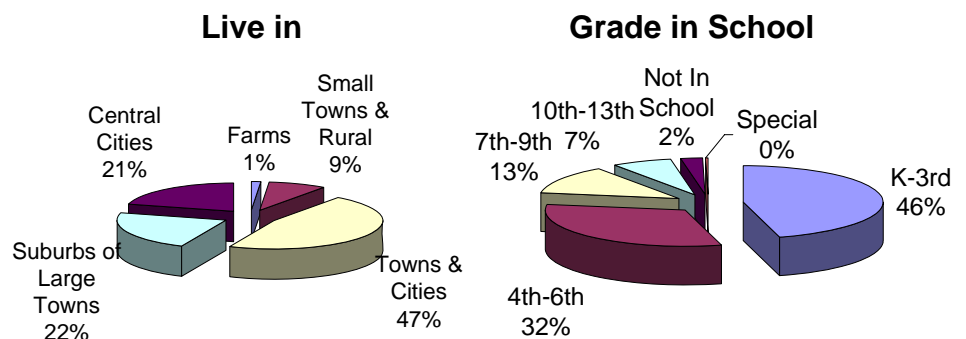
This mission is accomplished by using the knowledge and resources of the land grant university system, along with the involvement of caring adults.

Youth in New Jersey 4-H

The 4-H Youth Development Program is part of Rutgers Cooperative Extension. 4-H educational programs are offered to all youth, grades K-13, on an age-appropriate basis, without regard to race, religion, color, national origin, gender, sexual orientation, or disability. In 2008, 44,260 youth (duplicates eliminated) participated in the following ways:

- 10,140 youth were members of 762 organized 4-H clubs
- 12,153 youth were members of 383 4-H special interest/short-term programs
- 3,237 youth participated in 131 camping programs
- 28,881 youth were involved in 1,316 4-H school enrichment programs
- 6 youth participated in 4-H individual study programs
- 3,079 youth participated in 159 School Age Child Care education programs

Of the 44,260 youth in New Jersey 4-H...



Volunteers Serving 4-H Youth

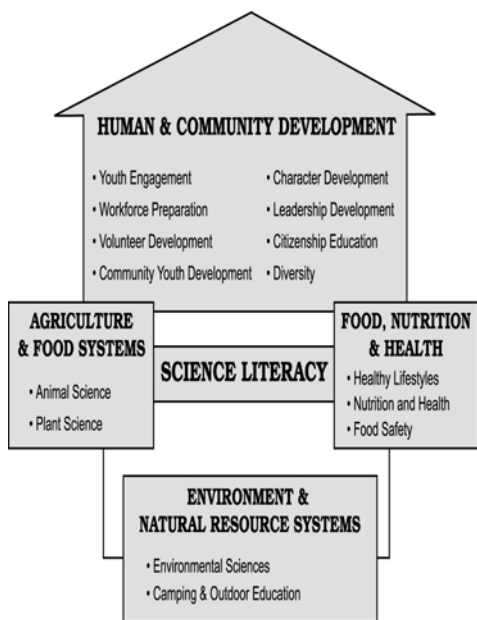
Volunteers are essential to the successful delivery of 4-H programs to youth. This year 2,190 adult volunteers donated, on average, 220 hours per year preparing for club meetings and teaching youth. According to the Independent Sector, the value of volunteer time in New Jersey is \$23.62/hour. This equates to more than \$11.4 million in time being donated to New Jersey 4-H. There were also 158 4-H youth volunteers, teens who shared their skills with younger 4-H members and with other youth in their communities.

Better Youth for Better Communities



HEAD * HEART * HANDS * HEALTH

*Life Skill Development for K-13 Youth
Using Experiential Learning Methods*



4-H Beyond New Jersey

4-H programs are conducted in 3,150 counties of the United States, District of Columbia, Puerto Rico, Virgin Islands, Guam, American Samoa, Micronesia, and North Mariana Islands. There are 4-H type programs in some 82 other countries enrolling approximately 4.5 million youth. 4-H Alumni now total over 50 million.

4-H Project Enrollment

Science, Engineering, Technology.....	28,914
Consumer and Family Science	422
Biological Science	2,874
Technology and Engineering	2,555
Physical Sciences	3,502
Environmental Education/Earth Sciences	11,021
Ag in the Classroom	85
Animals	5,032
Plant Science	3,423
 Citizenship	 19,242
Civic Engagement	1,202
Community/Volunteer Service	4,679
Leadership and Personal Development	6,748
Communications and Expressive Arts	6,613
 Healthy Lifestyles.....	 12,700
Foods and Nutrition	8,569
Health.....	3,797
Personal Safety.....	334



Lead, Learn, Grow

For more information about 4-H in New Jersey, contact your local Rutgers Cooperative Extension office in each county or call the State 4-H Office at 732-932-5000, ext. 601.

*You can also visit the state 4-H web site at:
www.nj4h.rutgers.edu*