





www.njaes.rutgers.edu/extension Phone: 609-827-0199 Email: reakeywood@njaes.rutgers.edu

New Leadership & Personal Development Opportunity in 2017-18

Leadership for Life Program Overview

New Jersey 4-H members in grades 9-11 who are members in good standing are invited to participate in a new multi-level leadership program called the *Leadership for Life Program*.

Adopted from Ireland's youth development program Foróige, the *Leadership for Life Program* is based on theories and principles of youth work, leadership development and leadership styles.

Offered in three sequential modules, this program is aimed at equipping young people to explore their vision and passion and to develop such key skills as: planning, decision making, critical thinking, goal setting, and problem solving.

Each module consists of 15 hours of educational workshops with topics serving as a bridge from one level to the next. All three modules (levels) will be offered over the course of one 4-H year and may be completed in one year's time or over two years.

Members must complete Modules 1 and 2 before they are eligible to apply to complete Module 3 either at a 5-day conference offered by New Jersey 4-H or during a 9-day travel experience to the Foróige Leadership for Life Conference at the University of Ireland in Maynooth, Ireland.

Overview of the Leadership for Life Program Curriculum

Each module addresses various aspects of leadership and personal development.

Module 1 enables participants to explore what leadership is and the type of leaders they would like to be. The module focuses on core leadership skills such as communication, problem solving, self-awareness, values and action planning.

Module 2 enables participants to work with others to achieve a leadership goal. The module focuses on how leadership can have a positive impact on society by tackling both local and global issues. Module 2 also focuses on research skills, conflict resolution, critical thinking and exploring leadership styles.

Module 3 enables participants to put into practice their learning from previous modules by actively engaging in a community action project of their choice, keeping a learning journal of their experiences, and presenting a portfolio upon completion. It is expected that 4-H members completing module 3 will plan and conduct a service project upon their return from the conference.

The *Leadership for Life Program* will be offered on the following dates during 2017-18:

| Module | Program Dates | Registration Cost and |
|----------------------|--|--|
| | | Registration/Application Due Date |
| Module 1 | November 9-10, 2017 | \$40, includes conference materials and supplies |
| | 9:00-5:00 pm each day | Registration Due November 1, 2017 |
| Module 2 | January 20-21, 2018 Tentative Date | \$40, includes conference materials and supplies |
| | 9:00-5:00 pm each day | Registration due January 5, 2018 |
| Module 3 Advanced | June 25-29, 2018 Tentative Date New Jersey 4-H Conference | Cost and location to be determined |
| | July 27-August 4, 2018 University of Ireland at Maynooth | \$2,300 Application due February 1, 2018 |

Module 1 and 2 Facilitator Bio:

Ciaran Porter grew up in County Donegal, Ireland and works for the Irish Immigration Center in Upper Darby, PA. He is a trained facilitator in the *Leadership for Life* curriculum and works with Philadelphia area youth in a new Foróige club.

Questions about the *Leadership for Life Program* can be directed to Camden County 4-H Agent Sharon Kinsey at 856-216-7130 x 2 or Kinsey@aesop.rutgers.edu or Jeannette Rea Keywood at 609-827-0199 or reakeywood@njaes.rutgers.edu

2017-18 *Leadership for Life Program* **Registration Form for Module 1**

Mail registration form, youth permission form and payment to: Camden County 4-H Office, 1301 Park Boulevard, Cherry Hill, NJ 08002

(Make checks payable to Camden County 4-H)

Module 1 registration due by November 1, 2017

| Name | | |
|--|---------------|-------|
| Home Phone | Parent Cell | |
| Name of Parent/Guardian | | |
| Current Grade (2017-18 school year) | Date of Birth | |
| Current Age | Sex: M | F |
| Address | | |
| (Street) | (Town) | (Zip) |
| Youth Email | Parent Email | |
| Number of Years in 4-H | Project Areas | |
| Club Name(s) | | |
| What service project areas are you interesto | | |
| | | |
| Please note any special dietary needs for sn | acks/lunch | |
| Required Signatures: | | |
| 4-H Member Signature | Dat | te |
| 4-H Parent's Signature | Dat | re |



New Jersey 4-H Event Permission Form for Youth



Both sides of this form must be completed by all youth participating in overnight activities, field trips, events requiring group transportation, and any other events sponsored through the 4-H Youth Development Program where it is deemed necessary by the event coordinator(s) (paid 4-H staff and/or registered 4-H volunteer) responsible for the youth participants. The form should be submitted prior to the event. The form has five parts: (1) information about the participant and activity, (2) parental permission and liability release, (3) medical emergency authorization and health information, and (4) code of conduct and (5) media policy. *Be sure to complete all five parts and sign where requested!*

Information about the Youth Participant and Activity

| Name of Youth participant: | | | |
|--|--|---|---|
| Address: | City: | State: | Zip: |
| Telephone number: () | Email Address: | | |
| 4-H county: | Birthdate: | Grad | le: |
| Name of activity/event: Leadership for Life Pr | | | |
| Name of 4-H group sponsoring or participating in this | event: New Jersey 4-H | | |
| Location of event: Camden County Environ | | ulevard, Cher | ry Hill, NJ 08002 |
| Date and time of participation of individual named above | Thurs., Nov. 9, 2017 from 2017 from 9-5 pm | 9-5 pm throug | h Fri., Nov. 10, |
| Parent Permis | ssion and Release of Liabil | ity | |
| I hereby give my son/daughter named above permission its event coordinator(s) will use the utmost precaution it release them from any liability in case of illness or injur car transporting my child to and from the event, from ar Sign Here Signature of parent or guardian: | n guarding the health of the above partiry as a result of this activity. Furthermony liability in case of illness or injury. | icipant and prevent ore, I release the ov | ting accidents, I |
| - · · · · - | | | |
| Medical Emergency A | uthorization and Health I | nformation | |
| I authorize the event coordinator(s) to dispense the preswith the instructions provided on the label (prescription an accident to the above named participant requiring im authorize the 4-H chaperone(s) to take such action as se participant. This authority extends to any physician(s) a and/or surgical procedures including examinations and an amed participant. All efforts will be made to contact the | a drugs) or below (over-the-counter mediate treatment or surgery while he/ eems appropriate to protect the health a and/or surgeon(s) selected by the event tests necessary to preserve the health at | dications). In case /she is a participan nd physical well-b coordinator(s) to and physical well-b | of sudden illness or t in this activity, I eing of the above perform medical |
| Name of parent/guardian Phone number | Name of additional emerge | ncy contact Ph | none number |
| The following information is provided as an aid to the e participant has the following health conditions: (include | | | |
| Health conditions: | | | |
| Medications/Instructions: | | | |
| Health Insurance: Company Group# | ID# | | |
| Sign Here Signature of parent or guardian | | | |

New Jersey 4-H Code of Conduct

The primary purpose of the New Jersey 4-H Code of Conduct is to ensure the safety and well-being of all participants at 4-H sponsored events and activities. It applies to all participants, with participants defined as 4-H members, their parents, and volunteers.

As a participant in the 4-H program, I will:

- Conduct myself in a courteous manner and treat members, parents, 4-H volunteers, Extension staff, judges and others with respect. Appropriate language and behavior are expected at all times.
- Respect and adhere to the rules and guidelines of the 4-H program including all those specific to a 4-H event or activity.
- Uphold an individual's right to dignity by supporting an environment of inclusion which welcomes involvement of participants from all backgrounds.
- Accept supervision and support from county and state 4-H staff while participating in the 4-H program. This includes acceptance of supervision and support from appointed 4-H volunteers coordinating 4-H events and activities.
- Obey local, state and federal laws.

Participants who fail to adhere to the New Jersey 4-H Code of Conduct are subject to a range of disciplinary actions. Such actions will be taken in compliance with the New Jersey 4-H Discipline Policy and Procedure. When appropriate, immediate corrective action will be taken at the 4-H event to ensure the safety and welfare of all participants.

I understand if I fail to adhere to the above Code of Conduct, I will be subject to disciplinary action and potentially prohibited from attending and participating in the New Jersey 4-H Youth Development program.

| Sign Here Signature of participant in event | Date | |
|---|------|--|
| Sign Here Signature of parent or guardian | Date | |

New Jersey 4-H Media Policy and Release

The 4-H program routinely promotes activities through various media. This includes, but is not limited to newsletters, newspapers, brochures, and displays. In doing so, the names and photos of members may be included to help tell the 4-H story. However, New Jersey 4-H policy is that on web sites, youth in photos will not be identified by name(s).

| versey i ii poney is alast on wee sites, you an in photos with not be talking by name (s). | |
|---|--|
| No, do not use my individual picture for any purpose. I will make an effort to avoid opportunities to be in group photos. | |
| ☐ No, do not use my name for any purpose. | |
| | |

Revised: January 2013