



Leadership for Life Program Overview

New Jersey 4-H members in grades 9-11 who are members in good standing are invited to participate in a multi-level leadership program called the *Leadership for Life Program*.

Adopted from Ireland's youth development program Foróige, the *Leadership for Life Program* is based on theories and principles of youth work, leadership development and leadership styles.

Offered in four sequential modules, this program is aimed at equipping young people to explore their vision and passion and to develop such key skills as: planning, decision making, critical thinking, goal setting, and problem solving.

Modules 1 and 2 consists of 15 hours of educational workshops with topics serving as a bridge from one level to the next. Module 3 consists of planning and implementing a community based service project. Modules 1, 2 and 3 will be offered within this 4-H year (2018-2019) and the Advanced Module will be available in Summer 2020 or possibly in 2019. The availability of the 2019 Leadership for Life Conference will be based on a few things including the number of applicants completing the requirements.

Members must complete Modules 1 and 2 before they are eligible to apply to complete Module 3 and the Advanced Module which is a 9-day travel experience to the Foróige Leadership for Life Conference at the University of Ireland in Maynooth, Ireland.

Overview of the Leadership for Life Program Curriculum

Each module addresses various aspects of leadership and personal development.

Module 1 enables participants to explore what leadership is and the type of leaders they would like to be. The module focuses on core leadership skills such as communication, problem solving, self-awareness, values and action planning.

Module 2 enables participants to work with others to achieve a leadership goal. The module focuses on how leadership can have a positive impact on society by tackling both local and global issues. Module 2 also focuses on research skills, conflict resolution, critical thinking and exploring leadership styles.

Module 3 enables participants to put into practice their learning from previous modules by actively engaging in a community action project of their choice, keeping a learning journal of their experiences, and presenting a portfolio upon completion. 4-H members completing module 3 will plan and conduct a service project independently or as a group in consultation with the NJ Leadership for Life Program Coordinators. It is required that Module 3 is completed prior to applying to attend the Foroige Leadership for Life Conference for the Advanced Leadership Module.

Advanced Leadership Module enables participants to build and improve the skills already learned in Modules 1-3, while also working on public speaking and facilitation skills. They will also have an opportunity to identify and deeply explore issues and cultures that affect youth and society. Participants must be between the ages of 15-18 at the time of the conference to attend.

The *Leadership for Life Program* will be offered on the following dates during 2018-2019:

Module	Program Dates	Registration Cost and Registration/Application Due Date
Module 1	January 19-20, 2019 9:00-5:00 pm each day	\$65 includes training materials and supplies Registration Due December 22, 2018
Module 2	February 9-10, 2019 9:00-5:00 pm each day	\$65 includes training materials and supplies Registration due January 15, 2019
Module 3	This module is completed independently or as a group project in consultation with the NJ 4-H L4L Program Coordinators. 4-H member must complete their community service project before applying for the Advanced Leadership Module. There will be 2-3 required face-to-face meetings throughout Module 3.	\$35 includes program materials Registration due March 1, 2019. Project must be completed by October 1, 2019 for the 2020 Conference and June 1, 2019 for possible 2019 Conference
Advanced Leadership Module	July 26-August 3, 2019 University of Ireland at Maynooth July 24-August 1, 2020 University of Ireland at Maynooth <i>TENTATIVE DATES</i>	Cost to be determined Applications due February 6, 2019 for the 2019 Conference. The availability of this conference will be based on the number of applicants completing the requirements. Applications due December 1, 2019 for the 2020 Conference

Module 1 and 2 Facilitator Bio:

Ciaran Porter grew up in County Donegal, Ireland and works for the Irish Immigration Center in Upper Darby, PA. He is a trained facilitator in the *Leadership for Life* curriculum and works with Philadelphia area youth in a new Foróige club.

Questions about the *Leadership for Life Program* can be directed to Camden County 4-H Agent Sharon Kinsey at 856-216-7130 x 2 or Kinsey@aesop.rutgers.edu or Jeannette Rea Keywood at 609-827-0199 or reakeywood@njaes.rutgers.edu **2018-19 Leadership for Life Program**

Leadership for Life – Module 1 REGISTRATION FORM

Mail registration form, youth permission form and payment to:
Camden County 4-H Office, 1301 Park Boulevard, Cherry Hill, NJ 08002

(Make checks payable to *Camden County 4-H*)

Module 1 registration due by **December 22, 2018**

Name _____

Home Phone _____ Parent Cell _____

Name of Parent/Guardian

Current Grade (2018-19 school year) _____ Date of Birth _____

Current Age _____ Sex: M _____ F _____

Address _____
(Street) (Town) (Zip)

Youth Email _____ Parent Email _____

Number of Years in 4-H _____ Project Areas _____

Club Name(s) _____

What service project areas are you interested in getting involved in?

Please note any special dietary needs for snacks/lunch _____

Required Signatures:

4-H Member Signature _____ Date _____

4-H Parent's Signature _____ Date _____

New Jersey 4-H Event Permission Form for Youth



Both sides of this form must be completed by all youth participating in overnight activities, field trips, events requiring group transportation, and any other events sponsored through the 4-H Youth Development Program where it is deemed necessary by the event coordinator(s) (paid 4-H staff and/or registered 4-H volunteer) responsible for the youth participants. The form should be submitted prior to the event. The form has five parts: (1) information about the participant and activity, (2) parental permission and liability release, (3) medical emergency authorization and health information, and (4) code of conduct and (5) media policy. *Be sure to complete all five parts and sign where requested!*

Information about the Youth Participant and Activity

Name of Youth participant: _____

Address: _____ City: _____ State: _____ Zip: _____

Telephone number: (____) _____ Email Address: _____

4-H county: _____ Birthdate: _____ Grade: _____

Name of activity/event: _____

Name of 4-H group sponsoring or participating in this event: _____

Location of event: _____

Date and time of participation of individual named above: _____

Parent Permission and Release of Liability

I hereby give my son/daughter named above permission to participate in the event listed. Although Rutgers Cooperative Extension and its event coordinator(s) will use the utmost precaution in guarding the health of the above participant and preventing accidents, I release them from any liability in case of illness or injury as a result of this activity. Furthermore, I release the owner and driver of the car transporting my child to and from the event, from any liability in case of illness or injury.

Sign Here

Signature of parent or guardian: _____

Medical Emergency Authorization and Health Information

I authorize the event coordinator(s) to dispense the prescription drugs and/or over the counter medications listed below in accordance with the instructions provided on the label (prescription drugs) or below (over-the-counter medications). In case of sudden illness or an accident to the above named participant requiring immediate treatment or surgery while he/she is a participant in this activity, I authorize the 4-H chaperone(s) to take such action as seems appropriate to protect the health and physical well-being of the above participant. This authority extends to any physician(s) and/or surgeon(s) selected by the event coordinator(s) to perform medical and/or surgical procedures including examinations and tests necessary to preserve the health and physical well-being of the above named participant. All efforts will be made to contact the parent(s) or guardian(s) in case of emergency.

_____	_____	_____	_____
Name of parent/guardian	Phone number	Name of additional emergency contact	Phone number

The following information is provided as an aid to the event coordinator(s) in dealing with the well-being of the participant. The participant has the following health conditions: (include allergies, handicaps, diabetes, pregnancy, asthma, medications needed, etc.).

Health conditions: _____

Medications/Instructions: _____

Health Insurance: Company Group# _____ ID# _____

Sign Here

Signature of parent or guardian _____

New Jersey 4-H Code of Conduct



The primary purpose of the New Jersey 4-H Code of Conduct is to ensure the safety and well-being of all participants at 4-H sponsored events and activities. It applies to all participants, with participants defined as 4-H members, their parents, and volunteers.

As a participant in the 4-H program, I will:

- **Conduct myself in a courteous manner and treat members, parents, 4-H volunteers, Extension staff, judges and others with respect. Appropriate language and behavior are expected at all times.**
- **Respect and adhere to the rules and guidelines of the 4-H program including all those specific to a 4-H event or activity.**
- **Uphold an individual's right to dignity by supporting an environment of inclusion which welcomes involvement of participants from all backgrounds.**
- **Accept supervision and support from county and state 4-H staff while participating in the 4-H program. This includes acceptance of supervision and support from appointed 4-H volunteers coordinating 4-H events and activities.**
- **Obey local, state and federal laws.**

Participants who fail to adhere to the New Jersey 4-H Code of Conduct are subject to a range of disciplinary actions. Such actions will be taken in compliance with the New Jersey 4-H Discipline Policy and Procedure. When appropriate, immediate corrective action will be taken at the 4-H event to ensure the safety and welfare of all participants.

I understand if I fail to adhere to the above Code of Conduct, I will be subject to disciplinary action and potentially prohibited from attending and participating in the New Jersey 4-H Youth Development program.

	_____	_____
	Signature of participant in event	Date
	_____	_____
	Signature of parent or guardian	Date

New Jersey 4-H Media Policy and Release

The 4-H program routinely promotes activities through various media. This includes, but is not limited to newsletters, newspapers, brochures, and displays. In doing so, the names and photos of members may be included to help tell the 4-H story. However, New Jersey 4-H policy is that on web sites, youth in photos will not be identified by name(s).

- No, do not use my individual picture for any purpose.** I will make an effort to avoid opportunities to be in group photos.
- No, do not use my name for any purpose.**

Revised: January 2013