

September 1st, 2009

2009 NJ State 4-H Competitive Trail Ride

Dear Competitors, Coaches, Leaders and Volunteers,

The 2009 State 4-H Competitive Trail Ride is set for **Sunday, October 11th, 2009** in Monmouth County. The ride will take place at the Collier's Mill Wildlife Management Area in Jackson (*directions enclosed*) The Trail Ride Committee has been busy organizing this event and making plans to ensure that the event runs smoothly.

Enclosed is the entire trail ride packet. The information will be available on the 4-H website this week (www.nj4h.rutgers.edu). Please review the enclosed information and forward it to your trail ride coach and interested 4-H members.

Registration:

Registrations are due **Friday, September 18th, 2009**. A check for team registration fees (\$45/rider) must be made payable to "**Monmouth County 4-H Horse Project.**" 4-H agents/program associates must sign the team registration form before returning it to the Monmouth County 4-H Office on September 18th.

Stalls & Trailers:

Stalls will be available at neighboring stables. Please contact them. Information enclosed

Dinner:

The Trail Ride Awards Dinner will be held Sunday evening at after the completion of the ride. See enclosed County Reservation Form.

Sponsors:

Counties are responsible to secure one (1) \$50.00 sponsorship, to be mailed in with your Team Registration Form. See enclosed County Reservation Form.

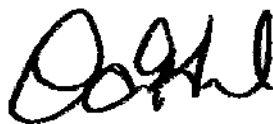
Volunteers:

Each county needs to provide a minimum of two volunteers per team to help that day.

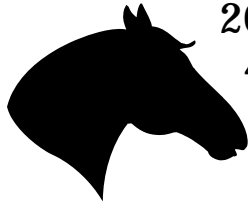
Remember:

Please remind coaches and team members that they must bring their horse's health papers to the ride to be checked at registration. Record books WITH Trail Ride Supplement should be checked by the County Office prior to the ride.

The Monmouth County 4-H Horse Program look forward to hosting this year's event and hope to make it one of the best ever. If you have questions, please call David Sagui or Stella Almeida.



Carol K. Ward
Somerset County 4-H Agent



2009 New Jersey State 4-H Competitive Trail Ride

Information Sheet

- Date:** October 11th, 2009
- Location:** COLLIER'S MILL WILDLIFE MGT AREA
HAWKINS ROAD, JACKSON NJ
- Time:** Check-in will be from 4:00 PM-7:00 PM on Saturday, October 10 and
6:00AM, Sunday, October 11
- Open To:** Jr. Riders Grades 5-8 (as of Sept 2008)
Sr. Riders Grades 9-13 (as of Sept 2008)
- Entries Due:** Friday, September 18, 2009
- Entry Fee:** \$45.00 per rider includes dinner
- Remit to:** Make checks payable to Monmouth Cty 4-H
Horse Project
Returned checks will be charged a \$40.00 fee.
- Mail Entries To:** MONMOUTH COUNTY 4-H OFFICE
4000 KOZLOSKI ROAD POB 5033
FREEHOLD NJ 07728
C/O GLADYS TARANTINO
- Sponsorships:** One \$50.00 sponsorship per county
- Awards:** See "Rules." Awards dinner will take place following the "ride" @ \$15 per
ticket.
- Questions:** David Sagui e-mail --psagui@optonline.net
Stella Almeida 732-542-5152 cell 732-233-3417

NEW JERSEY STATE 4-H COMPETITIVE TRAIL RIDE

PROJECT INFORMATION

This program is designed to stimulate greater interest in trail riding, to teach proper methods of training and conditioning horses for trail riding, to encourage good horsemanship and safety on trail rides. Trail riding is a healthy, enjoyable recreation. It is fun and gives one the opportunity to enjoy and appreciate the beauty of the Garden State. Riders have the responsibility to respect the property rights of others and to share the trails with other trail users.

It is hoped that this program will stimulate interest in preserving existing horseback riding trails and encourage the development of many miles of new multi-use trails for present and future New Jersey horse people.

A twenty-five (25) mile trail ride, with natural obstacles, will be judged on condition and management of the horse.

OBJECTIVES FOR THE COMPETITIVE 4-H TRAIL RIDE PROJECT

1. To buy, lease, or raise a horse, pony, mule or donkey for competitive trail riding. (The animal must be at least (48) months old to participate.)
2. To learn about, make and follow plans for your horse to have:
 - a. Proper shoeing and hoof care
 - b. Proper dental care
 - c. Proper veterinary care and vaccinations
 - d. Treatment to control internal parasites
 - e. Proper housing and bedding
3. To learn how to condition and train a horse for a competitive trail ride.
4. To learn the normal parameters of a horse's temperature, pulse and respiration and how to measure your horse's TPR.
5. To learn how to prepare for a competitive trail ride.
6. To develop self-discipline.
7. To compete in a competitive trail ride.

Trail Riders are evaluated several ways during the event, with the various areas being combined for a total score.

Prior to the event, 4-H'ers are taught how to inspect their horse for injuries, unsoundnesses and blemishes. The Coach should explain how to take the information the 4-H'er has identified and gathered, and apply it to the ***Trail Ride Declaration Form***. The 4-H'er should inspect the horse prior to and after a ride, comparing the findings. The 4-H'er will learn what changes take place in the animal, what the changes

are a result of, and if applicable, how they can be prevented. The Declaration Form is used as a tool in the Veterinary Score.

Riders should become familiar with the Veterinary Score Sheet, and how a score is determined. The Veterinary Score directly reflects the health and condition of the horse, which in turn reflects the amount of care and exercise the horse has received in preparation for this project.

The Horsemanship/Management Score is an evaluation of how well the 4-H'er handles the horse on the trail, and cares for the horse prior to the ride, at mid-point, and at the conclusion of the ride. Evaluation includes the grooming of the horse, how well equipment fits, condition of the equipment, sportsmanship, and presentation to the judges. At an event, it is the responsibility of the rider to totally care for the horse or pony. Competitors should learn to be self-sufficient. Outside assistance could eliminate a rider from a management award. Riders are allowed to have one horse-holder only during midpoint and at the end of the ride, but this person should not be instructing the 4-H'er what to do. Another 4-H'er can help a competitor. This is a good opportunity for older club members to develop their leadership skills, by instructing the younger 4-H'er in correct grooming, tack care and horse management necessary for trail riding.

Suggested State Trail Ride Management Set-Up

The State Trail Ride set-up should include any item that is necessary for a horse's needs. The lay-out should not include any type of medicines or ointments for the horse (no first aid kits). A Veterinarian will diagnose what is wrong with the horse and provide treatment if necessary. An average set-up should consist of:

saddle rack

hard hat

grooming tools

cooler sheet

blanket

water jugs for horse

water buckets (a minimum of two filled buckets are needed at mid-point and 2 at camp site. Buckets should be labeled with your name and county on the bottom of the bucket only)

sweat scraper

extra halter and lead line

hoof picks

saddle, bridle, breast plate and any other equipment

sheet

wash bucket, sponges

towels

hay hung on side of trailer. (all hay bags should be hung with a safety snap or tied with a safety knot)

bed sheet, old blanket or tarp to put everything on

A tarp or other water-proof cover to place over set-up while competing on ride.

Horsemanship/Management category will be judged on:

- ◆ **Safety Practices**
- ◆ **Neatness and Appearance (good safe workmanlike clothing and equipment - appropriate for competitive trail riding.)**
- ◆ **Grooming**
- ◆ **Tack and Equipment and its Condition and Fit**
- ◆ **Management and Care of Horse/Pony**
- ◆ **Trail for Manners, Proper Gait for Terrain and Pace**
- ◆ **Sportsmanship**
- ◆ **All Presentations to the Judges (Horse Trained to Stand & Trot Out)**
- ◆ **Condition and Fitness of the Horse or Pony**
- ◆ **Suitability of Horse to Rider**
- ◆ **Organization and Neatness of Work Area**

This award category is a good test of 4-H'ers knowledge as a horse person and their abilities as a trail rider.

Directions to the Colliers Mills Wildlife Management

401 Hawkins Road, New Egypt New Jersey, 08533

From the Northeast (Sussex County Area):

Route 80 East to Exit 23, Route 287 South To Exit 9 River Road, Take River Road to Route 18 South Towards the New Jersey Turnpike. New Jersey Turnpike South to exit 7A I-195 East, Continue on I-195 to Monmouth Road/ CR 537 West Exit 16 A towards Six Flags. Make a Left Hand turn onto Hawkin Road/ CR 640 Collier Mills, will be approx. 3 miles down on your left.

From the Northwest (Warren/Hunterdon County Area):

Route 31 south, follow Route 31/US 202 around the circle, continue on Route 31 South toward Trenton, Enter next circle still following Route 31 toward Pennington. Merge on to I-95 N toward I-295 S, follow to exit 60 B-A, I-195 E/Rt29/Rt129, Towards the New Jersey Turnpike/Shore Points. Merge on to CR 537 west via exit 16 A Six Flags. Make a left hand turn onto Hawkins Road/ CR 640, Colliers Mills will be approx. 3 miles down on your left.

From the Southeast (Cape May County Area):

Garden State Parkway North to Exit 58 CR 539, Turn left on to CR 530/Lacey Road. CR 530 and CR 539 run together. Continue to follow till Collier Mills Road East. Make a right hand turn on to East Collier Mills Road. Turn Left onto Hawkins Road/ CR-640, Colliers Mills will be on your right less than a mile down the road.

From the Southwest (Salem County Area):

New Jersey Turnpike north to exit 5 Mount Holly. Turn right onto CR 541/ Burlington-Mount Holly Road. Make a left hand turn onto Woodlane Road/CR 630. Slight left onto Monmouth Road/CR 537, Right onto Pinehurst Road/CR 539. Slight left onto Lakewood Road/CR 528. Right onto Hawkins Road/CR 640, Colliers Mills is less than one mile on the down on the left.

**There are a limited number of stalls available for members coming to the New Jersey 4-H Trail Ride.
Please make your own stall reservations at one of the following:**

**SLEEPY HOLLOW STABLES
47 WOODRUFF RD
NEW EGYPT
609-758-5114**

**THE DANCER FARM BED & BREAKFAST
19 ARCHERTOWN ROAD
NEW EGYPT
609-752-0303**

Awards Dinner Reservations Form

County _____

The awards ceremony dinner is a buffet dinner for \$15 per person for non 4-H riders . Each 4-H rider will receive a free ticket.

Please reserve _____ dinner tickets @ \$15. Amount enclosed \$ _____

Name _____ Name _____

Name _____ Name _____

Name _____ Name _____

Name _____ Name _____

Name _____ Name _____

Name _____ Name _____

\$50 Sponsor (One per County Required)

Name of Sponsor _____

Address _____

Make checks payable to: MONMOUTH COUNTY 4-H HORSE PROJECT
Mail to: MONMOUTH COUNTY 4-H OFFICE
4000 KOZLOSKI ROAD POB 5033
FREEHOLD, NJ 07728
C/O GLADYS TARANTINO

There will be a \$40 fee for returned checks.

County Contact Person/Trail Ride Coach _____

Address _____

Phone(s) & best time to call _____

e-mail _____

TOTAL AMOUNT ENCLOSED \$ _____

State Trail Ride Schedule

PRE-RIDE

Riders Arrive and park in designated areas by County
Unload and tie horses to trailer
Arrange Setup
Parents are not allowed in management area once horses are unloaded
Riders attend pre-ride briefing
Horses are vet checked and P&R are recorded
Riders are permitted to tack up if setup is checked, once tack had been checked riders can warm up mount
When all horses are vet checked, riders mount one at a time at mounting block in presence of horsemanship judge and ride out
Vet must watch riders ride out at a trot
Time out is recorded

MID-POINT

Parents are not allowed to help their children at midpoint, if child needs assistance they need to ask a steward.
Parents will be assigned designated area at mid-point.
Riders enter midpoint and time in is recorded; P&R/Time card handed to rider
Riders are handed snack and drink
Riders have ten minutes to cool horse
P&Rs are taken at ten minutes
At 20 minutes from time in, rider must ride out unless held by vet

Finish

Parents are not allowed to provide assistance and must stay clear of trailer area.
Riders time in is recorded
Riders have 20 minutes to cool horse out
Riders present horse for P&R at 20 minutes
Riders present horse to vet for trot out
Riders present horse to vet for hands on inspection
(*trot out- hands on order may be reversed but must be done the same for all horses*)
Riders return to trailer area
Horsemanship/Management judges must watch riders at least once on trail
Vet must observe horse on trail at least once

**STATE 4-H TRAIL RIDE
MANAGEMENT SCORE SHEET**

Competitor #

(50 pts.)

Horse Cleaned & Groomed Properly (Maximum Score = 10 points)

	Comments
Dirt , Foreign Objects & Sweat Marks (4)	
Feet (3)	
Udders or Sheaths & Vent (1)	
External Parasites (1)	
Clipping (1)	

Cleanliness of Gear & Tack (Maximum Score = 10 points)

	Comments
Cleanliness of Leather/Nylon (5)	
Other Equipment Clean (3)	
Metal Polished (2)	

Organization & Neatness of Area for Working (Maximum Score = 10 points)

	Comments
Container Security (3)	
Organization of Layout (4)	
Emergency Numbers (3)	

Safe Equipment & Practices (Maximum Score = 10 points)

	Comments
Tying (height, length, knot) (5)	
Soundness of Equipment (5)	

Feed & Water Available (Maximum Score = 10 points)

	Comments
Feed (3)	
Water (4)	
Feed Equipment/Buckets Clean (3)	

TOTAL POINTS

Competitor #

HORSEMANSHIP SCORE SHEET

(50 pts.)

Proper Cooling Out (Maximum Score = 10 points)

	Comments
Watering (4)	
Sponging (3)	
Control (horse trained to stand) (2)	
Safety (1)	

Courtesy (Maximum Score = 10 points)

	Comments
Consideration of Others (5)	
Attitude (5)	

Proper Gait for Terrain & Pacing of Horse (Maximum Score = 10 points)

	Comments
Control (3)	
Balance (2)	
Hands, Seat and Leg Aids (2)	
Rating (including awareness & elapsed time)(3)	

Horsemanship on Trail (Maximum Score = 10 points)

	Comments
Crowding & Bunching (5)	
Encourages & Assures Horse (5)	

Horsemanship Prior To & After the Ride (Maximum Score = 10 points)

	Comments
Mounting (2)	
Dismounting (2)	
Saddle/Blanket Set & Cinch (3)	
Response to Direction (1)	
Tying (security) (2)	

TOTAL POINTS

NJ 4-H COMPETITIVE TRAIL RIDE
OBSTACLE JUDGE GUIDELINES

All obstacles will have an red/orange flag on the right and a white/yellow one on the left. Riders must pass between these flags to complete the obstacle successfully.

Each rider will be given **TWO** opportunities to complete the obstacle. After the 2nd refusal*, the rider must yield to any on-coming riders so as not to impede their progress. The rider may then again attempt the obstacle or choose to by-pass and proceed on with an appropriate loss of points for that obstacle. The maximum number of attempts at each obstacle is **FIVE**. Each refusal is a deduction of 1 point from the final obstacle score.

*A refusal is – as the horse approaches the obstacle, it either stops or hesitates **AND** then takes at least one step **backwards** from the obstacle – **OR ducks out to the side** of the obstacle.)

Shying is not totally bad unless it is frequent and followed by spinning and/or bolting.

Crowding the lead horse or any action endangering either horse or rider will result in **penalty of at least two (2) points**.

If a rider has to be corrected by the Obstacle Judge for off course or safety reasons, there will be one (1) point deducted from the score for each offense.

The last column on the obstacle score sheet is for “Sportsmanship.” Place a (+) in the column if the rider displayed extremely good sportsmanship, a (-) for bad sportsmanship or a (0) if nothing out-of-the-ordinary happened.

POINTS SYSTEM FOR OBSTACLES

- | | |
|---|---|
| 5 | Hesitates, then goes on; or goes forward willingly. |
| 4 | Stops, but then goes on with a bit of urging or coaxing |
| 3 | Stops or weaves approaching obstacle. Needs to be ridden firmly with crop and/or spurs. |
| 2 | Spins, wheels, backs, doesn't listen to rider. Bit of a fight. |
| 1 | Needs lead over from another horse/rider. |
| 0 | Horse led by rider, or did not negotiate obstacle. |

TPRs Little Helper

Horse's Resting Pulse = _____
Horse's Resting Respiration = _____

Horse's Resting Temperature = _____

Normal Resting Parameters

Heart Rate 26 – 42
Respiration 8 – 16
Temperature 98 – 101

Parameters for Using a Heart Monitor

Walk Pulse 60 – 80
Trot Pulse 80 – 110
Canter Pulse 110 – 140
Gallop Pulse 160 – 200

Pulse should never exceed 200

Interval Training 180 – 200 five minutes at a time.

Metabolic Checks

Gums – Should be pink to yellow-pink and moist pink should refill quickly after pressing

Gut – should hear sounds on both sides

Skin Patch – Taken at point of shoulder & should be
Elastic & snap back quickl

Anal Tone – should be like sticking finger into marshmallow.

Directions

Using second hand on a watch count horse's P&R for 15 seconds

Multiply this number by 4 to get horse's P&R

Example: 13 beats for 15 seconds = 52 Pulse

Example: 6 respirations for 15 seconds = 24 Pulse

Recovery after Ten (10) Minutes

Pulse < 64
Respiration < 24
Temperature < 102

You should wait about ten (10) Minutes after ride completion to

Take P & Rs.

Temperature should be below 102 degrees.

If P & R is elevated above 64/40, or temp is elevated – continue Cooling out horse.

Recheck T, P&R every ten (10) minutes until they fall below parameters.

Always keep a log of your miles, times, and T, P & R after each ride.



New Jersey
4-H Event Permission Form for Youth

4H104

Both sides of this form must be completed by all youth participating in overnight activities, field trips, events requiring group transportation, and any other events sponsored through the 4-H Youth Development Program where it is deemed necessary by the adults (paid 4-H staff and/or registered 4-H volunteer leaders) responsible for the youth participants. The form should be submitted prior to the event and kept by the chaperone for at least 90 days after the event. The form has four parts: (1) information about the participant and activity, (2) parental permission and liability release, (3) medical emergency authorization and health information, and (4) behavior agreement. *Be sure to complete all four parts and sign where requested!*

Information about the Youth Participant and Activity

Name of youth participant: _____ Birth date: _____
Address: _____
Telephone number: (____) _____ 4-H county: _____ Grade: _____
Name of parent/guardian: _____
Name of activity/event: 2009 NJ State 4-H Competitive Trail Ride
Name of 4-H group sponsoring or participating in this event: 4-H Youth Development Department, Rutgers Cooperative Extension
Location of event: _____
Date and time of participation of individual named above: October 11, 2009

Parent Permission and Release of Liability

I hereby give my son/daughter named above permission to participate in the event listed. Although Rutgers Cooperative Extension and its chaperones will use the utmost precaution in guarding the health of the above participant and preventing accidents, I release them from any liability in case of illness or injury as a result of this activity. Furthermore, I release the owner and driver of the car transporting my child to and from the event, from any liability in case of illness or injury.

Signature of parent or guardian _____

Medical Emergency Authorization and Health Information

In case of sudden illness or an accident to the above named participant requiring immediate treatment or surgery while he/she is a participant in this activity, I authorize the 4-H chaperone(s) to take such action as seems appropriate to protect the health and physical well-being of the above participant. This authority extends to any physician(s) and/or surgeon(s) selected by the chaperone(s) to perform medical and/or surgical procedures including examinations and tests necessary to preserve the health and physical well-being of the above named participant. All efforts will be made to contact the parent(s) or guardian(s) in case of emergency.

Name of parent/guardian Phone number Name of additional emergency contact Phone number

The following information is provided as an aid to the chaperone(s) in dealing with the well-being of the participant. The participant has the following health conditions: (include allergies, handicaps, diabetes, pregnancy, asthma, medications needed, etc.).

Health conditions: _____

Medications/Instructions: _____

Health Insurance:

Company: _____ Group #: _____ ID #: _____

Signature of parent or guardian _____

Behavior Agreement

The 4-H Code of Conduct outlined below is in effect for all youth activities involving Rutgers Cooperative Extension and the Department of 4-H Youth Development. It applies to all participants in 4-H activities, with participants defined as 4-H members of any age or grade, all other registered youth and adults, and all other individuals who take part and/or attend 4-H events.

Participants who fail to adhere to the 4-H Code of Conduct may be subject to a range of disciplinary actions. Immediate corrective action will be taken to ensure the safety and welfare of all participants at the event. Additional disciplinary action may be taken upon further investigation of the infraction or incident. Participants in county events shall be subject to policies developed at the county level. Participants in state and national events shall be subject to the policy and process outlined in the "Disciplinary Procedure/Action for State or National Events."

If an individual continually disrupts the group or engages in illegal behavior, he or she will be given an opportunity to discuss the problem with the chaperones before more drastic action is taken. If, after discussion, the behavior continues, or in the opinion of the chaperones it would be detrimental for the individual to continue with the group, he or she will be sent home at the participant's expense.

4-H Code of Conduct

1. The health, safety, and welfare of others must be respected at all times.
2. Appropriate language and behavior are expected at all times. Profanity, foul or abusive language, inflammatory statements, derogatory comments, or physical altercations toward any group or individual are not permitted.
3. Participants are expected to be present and participate at all scheduled program activities. Participants are required to wear nametags when dispensed.
4. All participants are expected to be on the site of the event at all times. Unauthorized use of vehicles during an event is prohibited.
5. Participants are responsible for following the instructions of all 4-H staff and event chaperones.
6. All behavior or language of a sexual nature at 4-H events is inappropriate and unacceptable. Dignified and respectable behavior is expected at all times.
7. Curfew hours must be strictly followed.
8. Behavior during unscheduled free time is subject to the supervision of 4-H staff and chaperones.
9. Dress code standards previously set for the event must be met by all participants (i.e., no sexually suggestive, culturally insensitive, tobacco or alcohol industry sponsored shirts, inappropriately cut shirts, shorts, pants or skirts, etc.).
10. Possession, distribution, or use of alcoholic beverages or illegal drugs is prohibited. Prescription drugs and over-the-counter medications may be dispensed by adult chaperones only with written authorization provided by the parent/guardian on the 4-H Event Permission Form for Youth filed for the event.
11. With the concern for the well being of self and others, smoking and the use of other tobacco products is prohibited.
12. Care and respect for property, personal and institutional, is expected at all times. Theft, possession of missing property or damage to property is prohibited.
13. Unauthorized possession, distribution or use of weapons, ammunition or fireworks is prohibited.
14. Honesty is expected at all times from 4-H members. Dishonesty, cheating, plagiarism and forgery are inappropriate actions.

I HAVE READ the Behavior Agreement and 4-H Code of Conduct above and discussed it with my son/daughter. I understand and agree to the conditions set forth. I accept the cost and responsibility of having my son/daughter returned in the event it is necessary.

Signature of participant in event	Date	Signature of parent or guardian	Date
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Photo Policy: At many 4-H events, photographs are taken of 4-H members and their families. Sometimes these pictures are used to tell people about 4-H. Pictures may be sent to newspapers or used for brochures, displays, or web pages. Photos placed on websites will not be accompanied by any personal information about the youth in the photo. If you do not wish to have an individual picture used for promotional purposes, please check the box below and make an effort to avoid opportunities to be in photos.

No, do not use my individual picture for any purpose.

Design By: Keith Diem, Ph.D., Extension Specialist in Educational, 1990, Revised July 2003, RNS.

**RUTGERS COOPERATIVE EXTENSION
N.J. AGRICULTURAL EXPERIMENT STATION
RUTGERS, THE STATE UNIVERSITY OF NEW JERSEY
NEW BRUNSWICK**



New Jersey
4-H Event Release/Agreement Form for

Both sides of this form must be completed and signed by all adults participating in 4-H overnight activities, field trips, and events requiring group transportation where youth are present, or any other events sponsored through the 4-H Youth Development Program as determined by the event coordinator. The form should be submitted prior to the event and kept by the event coordinator for at least 90 days after the event.

Information about the Adult Participant and Activity

Name of adult participant: _____

Address: _____

Telephone number: (____) _____ 4-H county: _____

Name of activity/event: 2009 NJ State 4-H Competitive Trail Ride

Name of 4-H group sponsoring or participating in this event: 4-H Youth Development Dept, Rutgers Cooperative Extension

Location of event area:

Date and time of participation of individual named above: October 11, 2009

Release of Liability

Although Rutgers Cooperative Extension will use the utmost precaution in guarding the health of all participants and preventing accidents, I release them from any liability in case of injury as a result of this activity. Furthermore, I release the owner and driver of the car transporting me to and from this event, from any liability in the case of illness or injury.

Signature of adult participant

Medical Emergency Authorization and Health Information

In case of sudden illness or an accident to myself requiring immediate treatment or surgery while I am a participant in this activity, I authorize the 4-H event coordinator or other adults present to take such action as seems appropriate to protect my health and physical well-being. This authority extends to any physician(s) and/or surgeon(s) selected to perform medical and/or surgical procedures including examinations and tests necessary to preserve my life and well-being. All efforts will be made to contact the individual named as my emergency contact above in case of emergency.

Name of emergency contact Phone number Name of additional emergency contact Phone number

The following information is provided as an aid to the event coordinator in dealing with my well-being. I have the following conditions (include allergies, handicaps, diabetes, pregnancy, asthma, medications needed, etc.):

Health Conditions: _____

Medications: _____

Health Insurance: Company _____ Group # _____ ID# _____

Signature of adult participant

New Jersey 4-H Volunteer Standards of Behavior

The primary purpose of these Standards of Behavior is to insure the safety and well-being of all 4-H participants (i.e., members, their parents, and families, staff and volunteers). These standards shall guide adult volunteer behavior during involvement in New Jersey

4-H. Just as it is a privilege for Rutgers Cooperative Extension to work with individuals who volunteer their time and energies to 4-H, a volunteer's involvement in 4-H is a privilege and a responsibility, not a right. *All non-staff adults participating in overnight 4-H events and activities are considered to be volunteers during the course of the event, and must agree to abide by the 4-H Standards of Behavior.*

4-H Volunteers will:

- Uphold volunteerism as an effective way to meet the needs of youth and adults.
- Uphold an individual's right to dignity, self-development, and self-direction; will not abuse any 4-H participant by physical or verbal means; and will report such abuse, if observed.
- Accept supervision and support from county 4-H staff while involved in the program.
- Accept the responsibility to represent their individual county 4-H program and the New Jersey 4-H Program with dignity and pride by being positive role models for the youth with whom they work.
- Not commit a criminal act.
- Inform county 4-H staff of any arrests or charges of criminal activity. (This may result in temporary suspension pending resolution of the case.)
- Comply with equal opportunity and anti-discrimination laws.
- Keep county 4-H staff informed of any incidents which may violate 4-H policies or personal rights.
- Handle animals and operate machinery, vehicles and other equipment in a responsible manner.
- Not require 4-H participants to purchase materials, equipment, animals or services from any specific places of business.

I understand that the coordinator of the event listed above is responsible for informing me of my responsibilities as an adult volunteer participant in this event, and will provide any specific training needed to carry out these duties. I have read, understand and agree to the New Jersey 4-H Volunteer Standards of Behavior. I also agree to perform my duties as explained, and to abide by the 4-H Code of Conduct and any other rules specific to this event. I understand that any action on my part that contradicts any portion of this agreement is grounds for immediate dismissal from this event at my own expense.

Signature of adult volunteer participant

Date

Media Release

I hereby authorize Rutgers Cooperative Extension to use any of all of my spoken and written comments about news articles, success stories, videotapes, and/or audiocassette tapes about the subject. I also acknowledge that the above-named organization has my permission to distribute my photograph and/or videotape clip as part of its educational programming efforts. I further acknowledge that my authorization and permission is voluntary and that I will not be paid any royalties, fees or other form of remuneration.

Signature of adult participant

By Rita Natale Saathoff, Regional 4-H Agent, South, 1997. Revised July 2003.

**RUTGERS COOPERATIVE EXTENSION
N.J. AGRICULTURAL EXPERIMENT STATION
RUTGERS, THE STATE UNIVERSITY OF NEW JERSEY
NEW BRUNSWICK**

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2009 NJ 4-H Competitive Trail Ride Team Registration Form

County: _____

Please TYPE or PRINT NEATLY.

Rider's Name	Grade	1st Time rider y/n	Address	Horse's Name	Sex	Breed	Color	Age	Height
1.									
2.									
3.									
4.									
Captian									
I.									
I.									

List all other individual riders on back of sheet with all their information.

Coach(es) Name (s) _____

Address _____

Phone (Day) () _____ Evening) () _____ email: _____

This form will serve as certification that each entry listed above has met all requirements listed in the Rules of NJ State 4-H Competitive Trail Ride.

Make checks payable to: (\$45/Rider; \$50 Sponsorship/County)

Amount Enclosed \$ _____

Mail to: FAX:

Do any riders have special dietary or other needs? If so, please list: _____

PLEASE NOTE SIZE OF TRAILER I.E., 2 HORSE, 4 HORSE ETC., ETC

I verify that the above 4-H'ers are "Members in Good Standing" and have met all event criteria.

Agent/Program Associate Signature Date

2009 State 4-H Trail Ride Job Sheet

Each county is responsible for filling three of the jobs on this assignment sheet. Requests will be honored on first-come, first-serve basis. If the job has already been filled, volunteers will be moved to fill in other vacancies. Under "County/Volunteer", please write in the name of the person volunteering, phone number and county. All volunteer should bring clothing appropriate for the weather – rain gear, chairs, snacks, bug spray, etc.

JOB	DESCRIPTION	COUNTY/VOLUNTEER
Assistant Trail Master	To assist trail master in marking of trail	
Lead Volunteer	To drive Trail Master while marking trail; 4 wheeled drive	
Drag Vehicle	Pick up Trail Markers and follow riders; 4 wheeled drive	
Night Watch with Assistants	Watch horses overnight	
Time Keeper @ Base	Start riders on trail & record end times.	
In-Timer @ P&R Hold/Mid-Point	Record in times @ P & R/Mid-Point	
Out-Timer @ P & R/Mid-Point	Record out times @ P&R/Mid-Point	
Timer Assistants (4)	Assists timers (2) Runners (2)	
Ambulance Truck & Trailer	Transport horse back to base	
Water Wagon Crew (4)	Transport bucket/supplies to P & R/Mid-Point Place Water at Water Stops along trail	
Radio Crew (Ham)	Monitor riders progress on trail	
P & R Teams (Takers & Recorders)	Take and record P & Rs.	
Hospitality Crew @ Mid-Point/P&R Hold	Provide snack and drinks for riders	
Hospitality Trail	Provide snacks and drinks for riders along the trail	
Food Crew Sunday Lunch	Help distribute boxed lunches	
Food Crew Sunday Awards Dinner	Help set-up, serve buffet dinner; clean-up	
Scorers	Help tabulate score sheets	
Crossing guards (6)	Assist riders at various road crossings	
Obstacle Judges (6)	Evaluate and score riders performance at trail obstacles	
Veterinary Scribe	Record for Vet	
Lay Judge Scribe	Record for Lay Judge	