The New Jersey 4-H Program is looking to connect with former 4-H members, volunteers and staff. We invite you to complete this survey. Please share how your 4-H experiences have impacted your life.

Please rate the following:  

<table>
<thead>
<tr>
<th>Statement</th>
<th>5=strongly agree</th>
<th>1=strongly disagree</th>
</tr>
</thead>
<tbody>
<tr>
<td>As a result of my involvement in the 4-H program...</td>
<td></td>
<td></td>
</tr>
<tr>
<td>I learned leadership skills.</td>
<td>5 4 3 2 1</td>
<td></td>
</tr>
<tr>
<td>I met new friends.</td>
<td>5 4 3 2 1</td>
<td></td>
</tr>
<tr>
<td>I learned the importance of community service.</td>
<td>5 4 3 2 1</td>
<td></td>
</tr>
<tr>
<td>I learned public speaking skills.</td>
<td>5 4 3 2 1</td>
<td></td>
</tr>
<tr>
<td>I developed knowledge and skills that I use today.</td>
<td>5 4 3 2 1</td>
<td></td>
</tr>
<tr>
<td>My experience with 4-H has shaped my life in a positive way.</td>
<td>5 4 3 2 1</td>
<td></td>
</tr>
</tbody>
</table>

What kind of 4-H programs did you participate in? (check all that apply)

- □ 4-H Club  
- □ Regional or State 4-H Events (SJTC, NJTC, 4-H Actions Days, 4-H Expo)
- □ 4-H Fair  
- □ National 4-H Events (4-H CWF, 4-H Congress, National 4-H Conference)
- □ 4-H Camp  
- □ Special Interest Program

What opportunities and experiences did 4-H provide for you? (check all that apply)

- □ opportunity to see yourself as an active participant in society (independence)
- □ opportunities for self-determination (independence)
- □ opportunity for mastery of 4-H project skills (mastery)
- □ engagement in learning (mastery)
- □ a safe environment (belonging)
- □ positive relationships with caring adults (belonging)
- □ opportunity to value and practice service for others (generosity)

What skills did you learn in 4-H that you use today? (check all that apply)

- □ Public Speaking  
- □ Keeping Records  
- □ Decision Making
- □ Leadership  
- □ Community Service/Volunteering  
- □ Teamwork
- □ Self-motivation  
- □ Concern for Others  
- □ Self-esteem
- □ Healthy Lifestyle Choices  
- □ Stress Management  
- □ Critical Thinking
- □ Problem Solving  
- □ Goal Setting  
- □ Communication
- □ Sharing  
- □ Accepting Differences  
- □ Cooperation

Did your 4-H projects influence your career choice? □ Yes □ No

If yes, what is your current occupation? ____________________________

OVER ➔
4-H Alumni & Friends Survey

Would you like learn more about any of the 4-H volunteer opportunities? (check all that apply)

☐ Be a 4-H club leader  ☐ Judge a 4-H contest  ☐ Help at the fair
☐ Help with a 4-H event  ☐ Serve on a 4-H advisory board  ☐ Sponsor a program or award
☐ Serve as a Camp Counselor  ☐ Other _____________________  ☐ I am already a 4-H volunteer

What is your 4-H affiliation (former member, staff, parent, volunteer, etc.)? __________________ State/County: __________________

Why did you become involved in 4-H?

__________________________________________________________________________________________________________________

What were your years of involvement?

__________________________________________________________________________________________________________________

We would like to know more about your 4-H experience. Please share any memories or comments:

__________________________________________________________________________________________________________________

__________________________________________________________________________________________________________________

Visit the New Jersey 4-H online…

www.nj4h.rutgers.edu
www.facebook.com/NewJersey4-H

*****************************************************************************************************************************

Visit the New Jersey 4-H online…

www.nj4h.rutgers.edu
www.facebook.com/NewJersey4-H

*****************************************************************************************************************************

Join our mailing list for occasional updates!

Please provide your most current contact information below:

Name (include Maiden name): ____________________________________________________________

Address: __________________________________________________________________________

City, State, Zip: _____________________________________________________________________

Phone(s): __________________________________________________________________________

Email: _____________________________________________________________________________

Employer (Optional): __________________________________________________________________

Thank you for your feedback!

Please mail or fax your completed survey to:
Department of 4-H Youth Development
88 Lipman Drive, Room 328
New Brunswick, NJ 08901
Fax: 732-932-7541

For more information or to fill out this form online, please contact:
Jeannette Rea-Keywood, 4-H Agent
856-459-1900 ext. 4522
reakeywood@njaes.rutgers.edu