The New Jersey 4-H Program is focusing on how to connect with former 4-H members, volunteers and staff. We invite you to complete this survey, so we may learn about how your 4-H involvement was beneficial and share ideas with you in the future.

**Please rate the following:**

<table>
<thead>
<tr>
<th>Topic</th>
<th>5=strongly agree</th>
<th>1=strongly disagree</th>
</tr>
</thead>
<tbody>
<tr>
<td>My experience with 4-H has shaped my life in a positive way.</td>
<td>5</td>
<td>4</td>
</tr>
<tr>
<td>I learned leadership skills during my 4-H involvement.</td>
<td>5</td>
<td>4</td>
</tr>
<tr>
<td>I met new friends.</td>
<td>5</td>
<td>4</td>
</tr>
<tr>
<td>I learned the importance of community service during my 4-H involvement.</td>
<td>5</td>
<td>4</td>
</tr>
<tr>
<td>I learned public speaking skills during my 4-H involvement.</td>
<td>5</td>
<td>4</td>
</tr>
<tr>
<td>While in 4-H, I developed knowledge and skills that I use today.</td>
<td>5</td>
<td>4</td>
</tr>
<tr>
<td>4-H provided a positive youth development experience.</td>
<td>5</td>
<td>4</td>
</tr>
</tbody>
</table>

What kind of 4-H programs did you participate in? *(check all that apply)*
- 4-H Club
- Regional or State 4-H Events (SJTC, NJTC, 4-H Actions Days or 4-H Expo)
- 4-H Fair
- National 4-H Events (4-H CWF, 4-H Congress, National 4-H Conference)
- 4-H Camp

What opportunities and experiences did 4-H provide for you? *(check all that apply)*
- opportunity to see yourself as an active participant in society (independence)
- opportunities for self-determination (independence)
- opportunity for mastery of 4-H project skills (mastery)
- engagement in learning (mastery)
- a safe environment (belonging)
- positive relationships with caring adults (belonging)
- opportunity to value and practice service for others (generosity)

What skills did you learn in 4-H that you learn today? *(Check all that apply)*
- Public Speaking
- Keeping Records
- Leadership
- Community Service/Volunteering
- Self-motivation
- Character
- Healthy Lifestyle Choices
- Stress Management
- Problem Solving
- Goal Setting
- Sharing
- Accepting Differences
- Concern for Others
- Decision Making
- Teamwork
- Self-esteem
- Critical thinking
- Communication
- Cooperation

Would you like learn more about any of the 4-H volunteer opportunities? *(check all that apply)*
- Be a 4-H club leader
- Judge a 4-H contest
- Help with a 4-H event
- Serve on a 4-H advisory board
- Sponsor a program or award

What is your 4-H affiliation (former member, staff, parent, volunteer, etc.)? ____________________ State/County: ________________

Why did you become involved in 4-H? ________________________________

What were your years of involvement? ________________________________

We would like to know more about your 4-H experience. Please share any memories or comments: ________________________________
4-H Alumni & Friends Survey

Visit the New Jersey 4-H Website and Facebook Page

www.nj4h.rutgers.edu  www.facebook.com/NewJersey4-H

Join our mailing list!

Please provide your most current contact information below:

Name (include Maiden name): ______________________________________
Address: ________________________________________________________
City, State, Zip: ___________________________________________________
Phone(s): ________________________________________________________
Email: __________________________________________________________
Employer (Optional): _______________________________________________

Thank you for your feedback!

Please mail or fax your completed survey to:
Department of 4-H Youth Development
88 Lipman Drive
New Brunswick, NJ 08901
Fax 732-932-7541

For more information or to fill out this form over email or on the web, please contact:
Jeannette Rea-Keywood, 4-H Agent
609-827-0199
reakeywood@njaes.rutgers.edu