

New Jersey 4-H Connections Project

Activity # 4 - Balloon Rocket

Introduction: In this activity, you will create rockets made out of balloons!

Supplies Needed:

- 2 Chairs
- Balloon (10-12" round is suggested but you may want to have other sizes and shapes to try out)
- Straw
- 10-15 feet of cotton string
- Tape

Instructions:

- 1. Cut a piece of string 10 to 12 feet long.
- 2. Tie one end of the string to a chair or doorknob.
- 3. Put the other end of the string through the straw and then tie the string to a chair or doorknob. Make sure it is pulled tightly between the chairs and/or doorknob.
- 4. Blow up the balloon but do NOT tie it.
- 5. While pinching the balloon so you don't let any air out, tape the balloon to the straw (*see picture above*). Make sure the end of the balloon is facing you and not towards the other side of the room.
- 6. Let go of the balloon and watch the balloon rocket fly.
- 7. You can try different types (sizes and shapes) of balloons and see if they move faster or farther across the string. You can also use a different type of string or fishing line to see it is changes the speed of the rocket or the distance it travels across the string.

Summary: This activity is about the air and thrust. Once you let out the air inside of the balloon, it creates a forward motion called thrust. Thrust is a pushing force created by energy that pushes the balloon all the way across your string.

Activity adapted from Penn State (https://behrend.psu.edu/school-of-science/research-outreach/science-story-time/experiment-balloon-rocket)

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